

## GENERAL PSYCHOLOGY FINAL EXAM STUDY GUIDE

1. In its early years, psychology focused on the study of \_\_\_\_, but from the 1920s into the 1960s, American psychologists emphasized the study of \_\_\_\_.  
A. environmental influences; hereditary influences  
B. maladaptive behavior; adaptive behavior  
C. unconscious motives; conscious thoughts and feelings  
D. mental life; observable behavior
2. The young science of psychology developed from the more established fields of philosophy and \_\_\_\_.  
A. economics  
B. biology  
C. geography  
D. sociology
3. Janna has low self-esteem because she is often teased for being overweight. Appreciating the complexity of Janna's difficulties requires \_\_\_\_.  
A. introspection  
B. psychoanalysis  
C. massed practice  
D. a biopsychosocial approach
4. Professor Crisman believes that most women prefer tall and physically strong partners because this preference promoted the survival of our ancestors' genes. This viewpoint best illustrates the \_\_\_\_ perspective.  
A. social-cultural  
B. cognitive  
C. evolutionary  
D. psychodynamic
5. Professor Lopez believes that severe depression results primarily from an imbalanced diet and abnormal brain chemistry. Professor Lopez favors a \_\_\_\_ perspective on depression.  
A. neuroscience  
B. psychodynamic  
C. behavior genetics  
D. cognitive
6. Efforts to discover whether the intelligence of children is more heavily influenced by their biology or by their home environments are most directly relevant to the debate regarding \_\_\_\_.  
A. structuralism vs. functionalism  
B. evolution vs. natural selection  
C. observation vs. introspection  
D. nature vs. nurture
7. Contemporary psychology is best defined as the science of \_\_\_\_.  
A. conscious and unconscious mental activity  
B. observable responses to the environment  
C. behavior and mental processes  
D. maladaptive and adaptive behaviors
8. Humanistic psychologists focused attention on the importance of people's

# General Psychology Exam 1 Study Guide Answers

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