

5 A handbook on preserving food states:

‘The aim of preserving is to slow down the activity of microorganisms and enzymes or destroy them altogether.’

a Explain how these food preservation methods work:

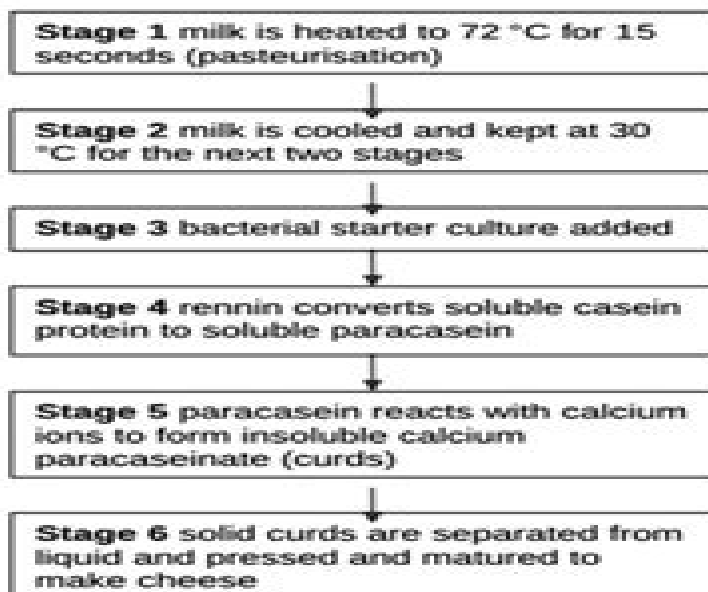
i Placing peas in boiling water for 1 minute and then freezing them at -18°C .

.....
..... (2 marks)

ii Dipping rings of apple in lemon juice and drying them in a dehydrator.

.....
..... (2 marks)

b Making cheese is a way of preserving both the fat and the protein (casein) in milk for longer. The following flow diagram shows the main steps in making cheese. Rennin is an enzyme.



i List two benefits of stage 1.

.....

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