

1. First reflection session

- This will be one of the early sessions with your supervisor (not necessarily the first) where you will outline your ideas regarding the topic in general, the research question you have in mind, initial background reading or research you may have conducted, possible approaches and your initial thoughts about the answer to your research question.

2. Interim reflection session

- This session will usually fall somewhere in the middle to latter half of your EE calendar, usually before the first full draft is completed. The general expectation is that you are able to present to your supervisor a more refined RQ, discuss your essay on the basis of some sustained writing and comment on any challenges encountered and what solutions you've attempted.

3. Final reflection session (viva voce)

- This session is indeed the last time you will meet your supervisor as it is intended to be the closing interview. This session takes place after the EE is uploaded for assessment so your supervisor will have read your work. It is an opportunity to offer your final reflections on the process, discuss any achievements and challenges overcome, while also sharing any aspects that contributed to the completion of the essay but are not immediately apparent within it.

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