# REAR AIR SHOCK SETUP

# Fox Triad X-Fusion RLA / RC

Sag Setting: Set the sag (20-25% of shock stroke). See attached pressure chart for starting air pressure.

Note - the chart is only a starting point, actual sag needs to the checked and adjusted on the bike, while riding, and at regular intervals. After setting the pressure, push the rubber ring up to the seal, sit on the bike gently, dismount, and measure sag.

Set Standard rebound damping adjuster to rider preference. Typically a slower rebound for slow speed, bigger hits to eliminate kickback, or faster rebound for higher speeds and smaller hits, so the suspension does not dive and has time to rebound between bumps.

Fox Triad ride tips (fig. 1): Three compression settings dial in the shock efficiency and ride characteristics.

- 1) Lockout- compression is closed, locking out the shock for the most efficient pedaling setting.
- 2) ProPedal- adds in slow speed compression to improve shock efficiency while still allowing the shock to absorb medium and large size hits. This setting is great for all-round riding providing an efficient pedaling platform while still absorbing trail features.
- Open- very little compression damping for the most supple and sensitive ride possible.

X-Fusion RLA ride tips (fig. 2): the RLA shock has a unique rebound adjust feature that affects compression, and lockouts at the "+" side.

X-Fusion RC ride tips: the blue compression lever will close the shock's compression, locking it out for the most efficient ride.





fbs kg air (psi) air	0540
90-100 41-45 85-95 65	-20
100-10 45-50 95-105 70	-75
110-120 50-54 105-115 75	-60.
120-130 54-59 115-125 80	90.
130-140 59-64 125-135 90	100
140-150 64-68 135-145 100	HIO
150-160 68-73 145-155 110	120
160-170 73-77 155-165 120	-130
170-180 77-82 165-175 150	-140
180-190 82-86 175-185 140	-150
190-200 86-91 185-195 150	160
200-210 91-95 195-205 160	-170
210-220 95-100 205-215 170	-180
220-230 100-104 215-225 180	-190
230-240 104-109 225-235 190	200
240-250 109-113 235-245 200	-210
250-265 113-120 245-260 210	-225
265-280 120-127 260-275 225	240
280-295 127-134 275-290 240	-255

NOTE: This air chart is designed as a recommended starting point only. Please refer to your shock owner's manual for additional setup information.

# **Fox Triad Shock Manual**

J Spring

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