

6 THE MUSCULAR SYSTEM

21

$$\frac{285}{306}$$

$$\frac{+93}{100}$$

A-



Muscles, the specialized tissues that facilitate body movement, make up about 40% of body weight. Most body muscle is the voluntary type, called **skeletal muscle** because it is attached to the bony skeleton. Skeletal muscle contributes to body contours and shape, and it composes the organ system called the **muscular system**. These muscles allow you to grin, frown, run, swim, shake hands, swing a hammer, and to otherwise manipulate your environment. The **balance** of body muscle consists of **smooth** and **cardiac muscles**, which form the bulk of the walls of hollow organs and the heart. Smooth and cardiac muscles are involved in the transport of materials within the body.

Study activities in this chapter deal with microscopic and gross structure of muscle, identification of voluntary muscles, body movements, and important understandings of muscle physiology.

OVERVIEW OF MUSCLE TISSUES

1. Nine characteristics of muscle tissue are listed below and on page 104. Identify the muscle tissue type described by choosing the correct response(s) from the key choices. Enter the appropriate term(s) or letter(s) of the key choice in the answer blank.

Key Choices

A. Cardiac

B. Smooth

C. Skeletal

1. Involuntary
✓ Cardiac, Smooth
2. Banded appearance
✓ Cardiac, Skeletal
3. Longitudinally and circularly arranged layers
✓ Smooth
4. Dense connective tissue packaging
✓ Skeletal
5. Figure eight packaging of the cells
✓ Cardiac
6. Coordinated activity to act as a pump
✓ Cardiac

60

Muscular System Packet Answers

Robert R. Redfield



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Table of Contents Muscular System Packet Answers

1. Understanding the eBook Muscular System Packet Answers
 - The Rise of Digital Reading Muscular System Packet Answers
 - Advantages of eBooks Over Traditional Books
2. Identifying Muscular System Packet Answers
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Muscular System Packet Answers
 - User-Friendly Interface
4. Exploring eBook Recommendations from Muscular System Packet Answers
 - Personalized Recommendations
 - Muscular System Packet Answers User Reviews and Ratings
 - Muscular System Packet Answers and Bestseller Lists
5. Accessing Muscular System Packet Answers Free and Paid eBooks
 - Muscular System Packet Answers Public Domain eBooks
 - Muscular System Packet Answers eBook Subscription Services
 - Muscular System Packet Answers Budget-Friendly Options

6. Navigating Muscular System Packet Answers eBook Formats
 - ePub, PDF, MOBI, and More
 - Muscular System Packet Answers Compatibility with Devices
 - Muscular System Packet Answers Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Muscular System Packet Answers
 - Highlighting and Note-Taking Muscular System Packet Answers
 - Interactive Elements Muscular System Packet Answers
8. Staying Engaged with Muscular System Packet Answers
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Muscular System Packet Answers
9. Balancing eBooks and Physical Books Muscular System Packet Answers
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Muscular System Packet Answers
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Muscular System Packet Answers
 - Setting Reading Goals Muscular System Packet Answers
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Muscular System Packet Answers
 - Fact-Checking eBook Content of Muscular System Packet Answers
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements

- Interactive and Gamified eBooks

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