

JANUARY ... DOES IT BRING YOU JOY?

- 1 January is the time for renewal on many fronts. It's the time of the year to re-evaluate everything. If something or someone doesn't bring you joy, it's pretty pointless carrying on with it. If we want the best, we must do our best. We must keep our family space safe and secure so that we are thriving as a people and as a nation. 5
- 2 In order to live their best lives, people are spreading themselves thinner and thinner with multiple streams of income. In the process we earn more but live less, we lose our focus of what is important.
- 3 With social media, keeping up with other Instagrammers are having a devastating effect on self-perception. Everything appears to be real perfect, but the fabric of our society is frazzled. Use January to take stock and start navigating new ways of doing things. Instead of multiple streams of sole sessions, travel more, and connect with people and places that bring you joy. 10

[Adapted from *The Juice*, January 2020]

QUESTIONS: TEXT F

- 5.1 Refer to line 1.
Provide a synonymous phrase for 'on many fronts'. (1)
- 5.2 What is the function of the hyphen in 're-evaluate' (line 2)? (1)
- 5.3 Rewrite the following sentence in the passive voice.
'If something or someone doesn't bring you joy, it's pretty pointless carrying on with it' (lines 2–3). (1)
- 5.4 Remove the redundancy in paragraph 1. (1)

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Table of Contents Grade Caps Question Papers

1. Understanding the eBook Grade Caps Question Papers
 - The Rise of Digital Reading Grade Caps Question Papers
 - Advantages of eBooks Over Traditional Books
2. Identifying Grade Caps Question Papers
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Grade Caps Question Papers
 - User-Friendly Interface
4. Exploring eBook Recommendations from Grade Caps Question Papers
 - Personalized Recommendations
 - Grade Caps Question Papers User Reviews and Ratings
 - Grade Caps Question Papers and Bestseller Lists
5. Accessing Grade Caps Question Papers Free and Paid eBooks
 - Grade Caps Question Papers Public Domain eBooks
 - Grade Caps Question Papers eBook Subscription Services
 - Grade Caps Question Papers Budget-Friendly Options

6. Navigating Grade Caps Question Papers eBook Formats
 - ePub, PDF, MOBI, and More
 - Grade Caps Question Papers Compatibility with Devices
 - Grade Caps Question Papers Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Grade Caps Question Papers
 - Highlighting and Note-Taking Grade Caps Question Papers
 - Interactive Elements Grade Caps Question Papers
8. Staying Engaged with Grade Caps Question Papers
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Grade Caps Question Papers
9. Balancing eBooks and Physical Books Grade Caps Question Papers
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Grade Caps Question Papers
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Grade Caps Question Papers
 - Setting Reading Goals Grade Caps Question Papers
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Grade Caps Question Papers
 - Fact-Checking eBook Content of Grade Caps Question Papers
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements

- Interactive and Gamified eBooks

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