



HESI Case Study - Hypertension Case Study (Evolve)

question

Mr. Dunn's BP is 189/110 and his LDL is 200 mg/dL. He asks the student nurse if he should be concerned. How should you respond?

answer

Please sit quietly here for a few minutes. I need to recheck your BP.

question

What significant risk factor for HTN should the nurse identify? (Family hx of DM2, recent weight loss, caffeine intake, alcohol consumption)

answer

Alcohol intake is strongly associated with HTN.

question

After rechecking Mr. Dunn's BP, it reads 180/60. What is the more important recommendation for the nurse to provide?

answer

See your HCP within the next week for a BP recheck.

question

If a patient with high BP states they feel great physically and does not see why they need to see their HCP, how should the nurse respond?

answer

While often there are no symptoms, high BP does cause damage to many organs.

question

Which assessment finding supports the diagnosis of primary (essential) hypertension?

answer

Evolve Hesi Case Study Hypertension Answers

The HESI logo consists of a light blue horizontal bar with a rounded right end. To the right of the bar is a red circular graphic with a white center, resembling a stylized 'H' or a target.

HESI

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