

PORTRAIT POSING GUIDE

HOW TO POSE... FULL-LENGTH MALES

Digital
Camera
World



SIDE-ON

Ask your subject to stand side-on for the slimmest view of the body and to give shape to the shoulders.
Top tip: Bent arms add shape to the pose, so try moving a hand up to break up the body.



CASUAL DRESS

Ask your model to stand side-on, with their front foot facing forward and their back foot side-on, resting their weight on the back leg.
Top tip: Hands in pockets gives a relaxed feel.



WALKING TALL

Ask your model to walk towards the camera while exaggerating the drop of the shoulders.
Top tip: Shoot from slightly lower down to give a taller and more imposing portrait.



COLLARS UP

Guys often need something to do with their hands, so ask them to adjust their clothes.
Top tip: Suits are useful for this as they can fix the cuff, adjust a button or hold the lapel.



BACK TO FRONT

Sit your model on a chair, leaning over the back of it.
Top tip: Props are particularly useful for guys as it makes them look less like they're posing, but don't try to force poses that look too unnatural.



TAKE A PEW

While on the chair, ask your model to lean forwards and slightly to the side, with feet coming together.
Top tip: Relax the arms, allowing the hands to drop down for a more natural shot.



ON THE MOVE

Have your model walk side-on to the camera, then turn, keeping the arms loose and slightly bent.
Top tip: Bringing the knees together creates a more attractive shape to the body.



LEAP OF FAITH

Jumps can add spontaneity. Ask your model to bring their legs upwards and have open clothes flying free.
Top tip: Ask them to focus on making a good expression when jumping.



KARATE KICK!

Throw in some fun poses; depending on your subject this could be a kick, a dance move, or a backflip!
Top tip: Starting off with the 'silly' ideas is a great way to relax subjects into the shoot.

Male Model Posing Guide

Albert A Gayle



Male Model Posing Guide:

Complete Guide for Models Eric Bean, Jenni Bidner, 2004 This is what every aspiring model male or female needs candid inside and illustrated information about how to get started in this competitive field *Modeling at Any Age* Ro Martinez, 2010-12 [Dynamic Posing Guide](#) Craig Stidham, Jeanne Harris, 2013-08-29 Tips techniques and inspiration for creating perfect poses Effectively posing the human body is a challenge for nearly every photographer from amateur to professional Understanding how a model's pose body language and posture affect a photograph is crucial to success Author and professional fashion photographer Craig Stidham shows you how to guide a subject's personality through body language with hundreds of examples and suggestions Answers critical questions such as how can a photographer avoid having the subject look awkward How does one direct both experienced and inexperienced models Shares helpful posing tips and techniques for posing models in new modern and fashion forward ways Suggests ways to make strategic edits in post production to fix common posing mistakes Offers hundreds of examples of strong and stunning posing *Dynamic Posing Guide* teaches you the skills you need to identify strong modern posing techniques as you strengthen your photographic skills

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quality content useful valuable skillful comprehensive and innovative Global projects products and creativity A
Counselor's Guide to Working with Men Matt Englar-Carlson, Marcheta P. Evans, Thelma Duffy, 2014-12-01 This book examines a variety of critical issues pertaining to the psychology of men and masculinity and presents successful evidence based strategies for treatment Part 1 focuses on treating men in couples counseling group work and career counseling as well as counseling men about their health Part 2 explores the intersections of identity for sexual minority men older men and fathers and discusses spiritual work with men in life transitions Part 3 addresses the concerns of men in the military prevention of sexual violence and treating men with addictions and trauma related issues Part 4 provides the specific clinical frames of female counselors using relational cultural theory with men and examines using motivational and masculine sensitive therapy with men Examples and vignettes throughout the text provide clinical relevance and reflective questions in each chapter encourage readers to explore their own biases and ideas about working with men Requests for digital versions from ACA can be found on wiley com To purchase print copies please visit the ACA website here Reproduction requests for material from books published by ACA should be directed to publications counseling org *Master Posing Guide for Portrait Photographers* J. D. Wacker, 2002 Photographers are guided through every aspect of posing beginning with the consultation and continuing with specific tips for posing children high school seniors wedding parties families events teams groups and pets in this comprehensive manual Maintaining that good posing is 80 percent mental and only 20 percent technical this guide stresses the importance of communication between photographer and subject to creating a portrait that not only captures the subject's personality but also makes the subject comfortable fostering repeat business *The Beginner's Guide To Modeling* Michele Ehlers, 2014-02-19 Models make the world go round Whether you're buying a new pair of shades a car a magazine or just about anything who's smiling back at you MODELS Models come in all shapes and sizes and there are models for just about every occasion and every product If you have the passion of wanting to become a model then this book is a MUST READ This book is not full of fluff or repetitive information like many how to and tip books are This book is an updated compilation of the most helpful and best tips out there for anyone wanting to get into the modeling industry It truly is a must read if you would like to become a model What the book covers 1 Model Glossary 2 Can you model 3 Types of Modeling 4 Tips on Posing 5 Work With Your Flaws 6 Types of Photo Shoots 7 The Top Modeling Tips 8 Breaking Into the Biz 9 Modeling Classes 10 Modeling Schools 11 Go See's 12 Your Portfolio 13 Model Scouts 14 Modeling Scams 15 Summary 16 Our Model Poses iPhone App It's extremely important for new models to research and learn as much as they can and this book will get you off to the best possible start *Subject Guide to Books in Print*, 1984 **Beginner's Guide to Sketching the Fashion Figure: Croquis to Design** Lisa Steinberg, 2020-04-02 **A Small Change** Rae-hyeon Kim, 2025-04-29 Learn to carve and paint expressive animal figures from simple blocks of wood In this book talented sculptor Mio Hashimoto reveals the techniques behind her rustic whimsical and lifelike animal sculptures She teaches you the entire

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