



Kumbrink



K Taping

An Illustrated Guide

- Basics
- Techniques
- Indications

K Taping An Illustrated Guide Basics Techniques Indications

Xiaolong Qi



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K Taping Birgit Kumbrink, 2011-11-17 Birgit Kumbrink's bestselling guide to K Taping finally available in English This richly illustrated hands on guidebook features a highly successful therapeutic approach to treating orthopedic traumatological and many other conditions It serves both as a perfect companion to training courses and as a reference book and refresher for health care professionals who have completed their training A brief introduction to the basic principles of K Taping the special elastic tapes used and the method's history is followed by 7 chapters highlighting treatment techniques and their application to 50 frequently seen conditions Each is featured on a double page with up to five color photos brief instruction practical information about symptoms dosage progress to be expected and tips regarding variations of techniques As the benefits of K Taping in enhancing the effects of other conservative care and surgical treatments are getting more and more appreciated Birgit Kumbrink's K Taping An Illustrated Guide developed by Germany based K Taping Academy has rapidly established itself as the ultimate reference book for therapists and clinicians in an ever expanding range of medical disciplines

K-Taping Birgit Kumbrink, 2014-12-04 Birgit Kumbrink's bestselling guide to K Taping now available in its 2nd edition This richly illustrated hands on guidebook features a highly successful therapeutic approach to treating orthopedic traumatological and many other conditions has now been extended to include 20 additional application techniques for the fields of neurology and gynecology including pre and post natal This practical guide provides all the background information physiotherapists sports physiotherapists medical doctors occupational therapists and health care professionals need It serves both as a perfect companion to training courses and as a reference book and refresher and shows how to use the specially developed elastic K Tape most effectively A brief introduction to the basic principles of K Taping the special elastic tapes used and the method's history is followed by 9 chapters highlighting treatment techniques and their application to nearly 70 frequently seen conditions Each is featured on a double page with up to five color photos brief instruction practical information about symptoms dosage progress to be expected and tips regarding variations of techniques As the benefits of K Taping in enhancing the effects of other conservative care and surgical treatments are getting more and more appreciated Birgit Kumbrink's K Taping An Illustrated Guide developed by Germany based K Taping Academy has rapidly established itself as the ultimate reference book for therapists and clinicians in an ever expanding range of medical disciplines

K Taping Birgit Kumbrink, 2012 *K-Taping in Pediatrics* Birgit Kumbrink, 2015-11-23 Already integrated successfully in competitive sports medical treatment and rehabilitation programs K Taping therapy offers physical occupational and speech therapists a wide range of options for the treatment of infants small children and younger patients K Taping can now be integrated into pediatric physiotherapy and speech therapy aiding in the treatment of a range of conditions including postural defects deformities of the feet and dysphagia About the content K Taping in theory The properties function and mode of action of elastic K Tape The effects of K Tape therapy The fundamentals of K Tape

application Contraindications K Taping in practice The four major application techniques muscle ligament correction and lymph applications including common indications in children and practical examples The appropriate technique for more than 50 medical indications Step by step guidance with photo series practical tips and alternative applications About the author Birgit Kumbrink founder and medical director of the international K Taping Academy Dortmund Germany and one of the most experienced users and teachers of the treatment method internationally The course companion and practical manual for therapists midwives and pediatricians □□□□□□ □□□□□□□□,2016-10-01 30 **Úrazy ve sportu a jak jim**

předcházet Pilný Jaroslav,2018-08-31 Kniha kter ve sv m prvn m vyd n vy la pod n zvem Prevence raz pro sportovce je jakousi kucha ku pro prvotn diagnostiku a o et en sportovn ch poran n horn ch a doln ch kon etin hlavy a p te e Jednodu e popisuje anatomick p edpoklady pro vznik dan ho po kozen jeho p iny p znaky a mo nosti l by v etn doby nutn k jeho dol en Nov je v p epracovan m vyd n za azena i kapitola v novan specifik m d tsk ch zlomenin kter pokud jsou nerespektov na vedou k z va n m celo ivotn m obt m Auto i ten e seznamuj se z kladn mi techniky statick ho tapingu kter mohou pomoci k dol en ji vznikl ch po kozen ale z rove se mohou vyu t i jako jejich prevence D le n zorn ukazuj konkr tn aplikace kinesiotapingu jako progresivn metody kter se v sou asn dob v oblasti sportovn traumatologie a fyzioterapie pou v Pro zd rn n vrat sportovce do z vodn innosti je rozhoduj c i rehabilitace proto se p edposledn st knihy na 64 ilustrovan ch cvi en ch v nuje rehabilitaci jednotliv ch kloub s doporu en m ve kter f zi po razu i operaci je mo n za t s jej m pou v n m Vzhledem k tomu e i u sportovc v razn nar staj obt e spojen s bolestmi zad za adili auto i nov i 30 vhodn ch cvik zam en ch na tuto problematiku **K Taping**

Birgit Kumbrink,2012 **The British National Bibliography** Arthur James Wells,2004 K-taping. Guida illustrata Birgit Kumbrink,2019 **An Illustrated Guide to Taping Techniques** Tom Hewetson,Karin Austin,Kathryn Gwynn-Brett,2010 Injuries are a constant problem in sporting life and often require immediate on the spot action to alleviate pain and limit further damage This book addresses the two most essential elements of effective taping recognition of injuries and application of techniques The book is organized into two sections the first covers taping supplies and their use taping objectives guidelines basic pathology and key taping strategies the second shows taping techniques in precise step by step stages illustrated by color photographs Techniques are further illustrated by physical demonstration in the DVD accompanying the book Good taping is a matter of practice but this book goes further than simply showing HOW to tape it explores the reasons WHY we tape and the therapeutic effect it has on the physiology neurophysiology biomechanics neuromusculoskeletal system and psychology of an individual The possible adverse reactions to these systems are also covered as well as dermatological adverse reactions Publisher

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