#### GENERAL PSYCHOLOGY FINAL EXAM STUDY GUIDE

- In its early years, psychology focused on the study of \_\_\_\_\_\_, but from the 1920s into the 1960s, American psychologists emphasized the study of \_\_\_\_\_.
  - A. environmental influences; hereditary influences
  - B. maladaptive behavior; adaptive behavior
  - C. unconscious motives; conscious thoughts and feelings
  - D. mental life; observable behavior
- The young science of psychology developed from the more established fields of philosophy and
  - A. economics
  - B. biology
  - C. geography
  - D. sociology
- Janna has low self-esteem because she is often teased for being overweight. Appreciating the complexity of Janna's difficulties requires
  - A. introspection
  - B. psychoanalysis
  - C. massed practice
  - D. a biopsychosocial approach
- Professor Crisman believes that most women prefer tall and physically strong partners because this preference promoted the survival of our ancestors' genes. This viewpoint best illustrates the \_\_\_perspective.
  - A. social-cultural
  - B. cognitive
  - C. evolutionary
  - D. psychodynamic
- Professor Lopez believes that severe depression results primarily from an imbalanced diet and abnormal brain chemistry. Professor Lopez favors a perspective on depression.
  - A. neuroscience
  - B. psychodynamic
  - C. behavior genetics
  - D. cognitive
- Efforts to discover whether the intelligence of children is more heavily influenced by their biology or by their home environments are most directly relevant to the debate regarding
  - A. structuralism vs. functionalism
  - B. evolution vs. natural selection
  - C. observation vs. introspection
  - D. nature vs. nurture
- 7. Contemporary psychology is best defined as the science of
  - A. conscious and unconscious mental activity
  - B. observable responses to the environment
  - C. behavior and mental processes
  - D. maladaptive and adaptive behaviors
- 8. Humanistic psychologists focused attention on the importance of people's

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**JL Elias** 

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