Food Manager Certification Exam 2023 - 2024 Study Guide

Average number of food borne illnesses per year - 76 million people (1/4 people in the us)

Symptoms of foodborne illness - cramping in the abdominal area vomiting nausea diarrhea fever dehydration

Listeria and Botulism - have a greater health effect on pregnant women

2 types of food borne illness - Foodborne infection and foodborne intoxication

Foodborne Infection - an illness caused by a bacteria, virus, or parasite that has contaminated a food - most common are salmonella and E. Coli.

foodborne intoxication - an illness caused by toxins that an organism has produced in a food; toxins may also be produced by chemicals, heavy metals, or other substances

-most common are staph and clostridium

three main areas of food safety and sanitation - -time and temp -heat and cold -handwashing/ware-washing(plates and etc)

poultry - cooked to and internal temp of 165 for 15 seconds

ground beef - cooked to and internal temp of 155 for 15 seconds

pork - cooked to and internal temp of 145 for 15 seconds

food must be stored properly - when food isn't being used it should be held hot or kept cold keeping food at room temperature is dangerous

keeping food at room temperature is dangerous

Food preparers must - wash hands for at least 20 seconds

High Risk Populations - Young children

Meat Study Guide Answers

L Cohen

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ServSafe Manager Study Guide Jake Nolan,2024-12-04 Are you confident that your food safety knowledge is up to industry standards In the fast paced world of foodservice ensuring that food is safe for consumption is not only a legal requirement but also a key factor in building trust with your customers If you re a food manager or aspiring to become one understanding the complexities of food safety from preventing foodborne illnesses to ensuring compliance with regulations is essential to maintaining a safe and successful operation Food safety is more than just a set of rules it s a critical practice that directly impacts public health your business reputation and customer satisfaction A comprehensive understanding of foodborne pathogens allergens and proper hygiene practices is essential for any manager in the foodservice industry Whether you manage a restaurant catering service or food processing facility mastering food safety protocols can make the difference between success and costly errors This study guide is designed to help you prepare for the ServSafe Manager exam an essential certification for anyone in charge of food safety management The guide covers all key areas including the prevention of foodborne illnesses personal hygiene temperature control food storage allergen management and cleaning procedures You Il learn how to prevent contamination recognize hazardous situations and comply with health regulations all while ensuring your team follows best practices for handling food safely Understanding time and temperature control the importance of proper cooking and storage methods and maintaining a clean safe kitchen environment are just some of the

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Study Guide for Psychology, Seventh Edition Richard O. Straub, David G. Myers, 2003-06-20. This new edition continues the story of psychology with added research and enhanced content from the most dynamic areas of the field cognition gender and diversity studies neuroscience and more while at the same time using the most effective teaching approaches and learning tools.

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