



Dietary Intake Guide

A helpful resource to help measure meals, liquids, or supplements consumed.
Record amount of the total meal or supplements consumed using the following guidelines.
Overestimating total consumption is a common error, especially when food is pushed around on the tray. Avoid letting how much a resident normally consumes influence your estimate.

Patient _____
Room Number _____
Date _____

Food Consumption

0% Refused—0%

Refused meal completely, or consumed only one or two bites of each item.



25% Poor—25%

Approximately 25% of entree, or 50% of one item consumed.



50% Fair—50%

Approximately half of food is consumed (eg, 50% of entree, 25% of vegetable and soup left). If total entree is consumed but no other food is touched, record as Poor/25% — not Fair/50%.



75% Good—75%

Majority of the meal is consumed, but a significant amount of one or more items is left (eg, 25% of entree or 75% of vegetable left).



100% All—100%

Entire meal is consumed except for a minimal amount of food (eg, less than 25% of vegetable left).



THERE'S MORE THAN ONE WAY TO SUPPORT GOOD NUTRITION

Dietary Intake Guide used
developed by Jennifer Brown, DTR,
Ruth Alzheimer Center Cincinnati, Ohio

Supplement Recommended



Recommended Intake



Use under medical supervision.

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Meal Consumption Charting Guide

Arturo Cuomo



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Unveiling the Energy of Verbal Artistry: An Psychological Sojourn through **Meal Consumption Charting Guide**

In a global inundated with displays and the cacophony of instantaneous transmission, the profound energy and psychological resonance of verbal art often disappear in to obscurity, eclipsed by the continuous barrage of noise and distractions. Yet, situated within the lyrical pages of **Meal Consumption Charting Guide**, a fascinating function of fictional splendor that pulses with raw thoughts, lies an unforgettable trip waiting to be embarked upon. Penned by a virtuoso wordsmith, that mesmerizing opus guides readers on a psychological odyssey, softly exposing the latent potential and profound affect embedded within the intricate internet of language. Within the heart-wrenching expanse of the evocative evaluation, we shall embark upon an introspective exploration of the book is main subjects, dissect its captivating publishing model, and immerse ourselves in the indelible impact it leaves upon the depths of readers souls.

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