

ICU REFERENCE SHEET

11 PAGES TOTAL

ABG Reference

	pH	PO2	PCO2	Oxygenated
Normal	7.35-7.45	80-100	35-45	
Acid	↓	↑	↑	Acidosis
Alkalosis	↑	↓	↓	Alkalosis
Respiratory	↓	↓	↓	Respiratory
Metabolic	↑	↑	↑	Metabolic

Glasgow Coma Scale (GCS)

Eye Opening Response Verbal Response Motor Response

ICU REFERENCE SHEET

Abnormal Rhythms



Rhythm	Characteristics	Treatment	Causes
Sinus Tachycardia			
Sinus Bradycardia			
SVT			
Afib			
Atrial Flutter			
First Degree Heart Block			

Pressors

Pressor	Effect	Indication	Contraindications
Levophed	Vasopressor, Inotropic	Septic Shock, Shock	first choice
Vasopressin	Vasopressor	Used with Levophed	normally not tolerable
Epinephrine	Vasopressor, Inotropic, Chronotropic	Used with sudden arrest	not selective for a and b receptors
Phenylephrine	Vasopressor	often used as a IV push	may cause bradycardia
Dobutamine	Inotropic, mild vasodilator	cardiogenic shock	minimal change in heart rate
Dopamine	Vasopressor/Inotropic, Chronotropic	Hypotension	can cause tachycardia



Inotropic	Chronotropic	Dronotropic
Stim of contractions	Affects heart rate	Affects conduction

Alpha 1	Vasopressor
Alpha 2	Dec. sympathetic outflow
Beta 1	↑ HR, contractility
Beta 2	Relax smooth muscle, Relax bronchi



Normal Lab Values

Na	135-145	Cl	97-107	BUN	8-20	Cr	0.6-1.2
K	3.5-5.0	CO2	23-29	Ca	8.8-9.5		

WBC	4.5-11	High	15.0-17.0	Low	3.0-4.0
		PLT	150-400		

PT	11-13	PTT	25-35	INR	0.8-1.2
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Urea Nitrogen	8-20
Creatinine	0.6-1.2
Bilirubin	0.2-1.2
Albumin	3.5-5.0
Glucose	70-100
Lactate	0.5-1.0
Ammonia	15-40
Phosphorus	2.5-4.5
Magnesium	1.7-2.2
Sodium	135-145
Potassium	3.5-5.0
Calcium	8.8-9.5
Chloride	97-107
Carbon Dioxide	23-29
White Blood Cells	4.5-11
Platelets	150-400
Prothrombin Time	11-13
Partial Thromboplastin Time	25-35
International Normalized Ratio	0.8-1.2



Icu Manual For Nurses

Andrew D. Bersten, Neil Soni



Icu Manual For Nurses:

Manual of Critical Care Nursing - E-Book Marianne Saunorus Baird, Susan Bethel, 2010-11-23 Revised format mirrors a practicing nurse's approach to patient care making it easier to find information Newly formatted care plans incorporate diagnoses interventions and desired outcomes in a consistent logical organization Patient safety alerts and high alerts call attention to issues important to a patient's safety Unique Diagnostic Tests tables highlight the definition purpose and abnormal findings for each test Unique Collaborative Management tables concisely summarize key points while incorporating nationally recognized guidelines Colored tabs mark the location of each body system making topics easier to find Smaller trim size increases portability for use in the unit or bedside while enhancing readability *A Nurse's Survival Guide to Critical Care - Updated Edition* Sharon L. Edwards, Joyce Williams, 2019-04-17 Are you a starting work in critical care Are you an experienced nurse but need to check guidelines and best practices This is the indispensable guide to daily procedures and problems faced by nurses working in this specialty This book will help you to Organise your job and yourself Assess patients and communicate with them Get clinical information on a wide range of conditions What to do in emergency This UPDATED edition Completely updated and revised content written by authors with extensive nursing experience in the field Physiological psychological and social areas as well as legal issues ethical and moral dilemmas that critical care nurses and health care practitioners may face on a daily basis Boxes tips and diagrams to help bridge the theory practice gap while embarking on your critical care career Part of the A Nurse's Survival Guide series Completely updated and revised content written by authors with extensive nursing experience in the field Physiological psychological and social areas as well as legal issues ethical and moral dilemmas that critical care nurses and health care practitioners may face on a daily basis Boxes tips and diagrams to help bridge the theory practice gap while embarking on your critical care career Manual of Critical Care Nursing Marianne Saunorus Baird, 2015-10-01 The compact yet comprehensive Manual of Critical Care Nursing Nursing Interventions and Collaborative Management 7th Edition is your students a go to reference for to help you provide safe high quality nursing care in the clinical critical care settings Written in an abbreviated outline format this easy to use Manual presents essential information on more than 75 disorders and conditions as well as concepts relevant to caring for all critically ill patients and functioning in the critical care environment Award winning clinical nurse specialist Marianne Baird separates the content first by body system and then by disorder with each disorder including a brief description of pathophysiology assessment diagnostic testing collaborative management nursing diagnoses desired outcomes nursing interventions and patient teaching and rehabilitation With the latest NANDA I nursing diagnoses and new sections on Bariatric Considerations and Caring for the Elderly this practical manual is designed to help critical care nurses and nursing students better care for any critically ill patient Coverage of more than 75 disorders most commonly seen in critical care units Consistent easy to use format facilitates quick reference so you can find information exactly where you expect it to be

Portable size makes it ideal for use in the unit or bedside and is also easy to carry on campus Research Briefs boxes present abstracts of selected research studies and emphasize the use of evidence to guide care recommendations NANDA approved diagnoses are marked with an icon to familiarize you with NANDA terminology Chapters mirror a practicing nurse's approach to patient care making it quicker and easier to find information Diagnostic Tests tables highlight the definition purpose and abnormal findings for each test Collaborative Management tables concisely summarize relevant performance measures while incorporating the best available patient care guidelines Safety Alert and High Alert icons call attention to issues important to a patient's safety Chapter outlines display major heads care plans and their respective page numbers and provide easy access to disorders NEW Bariatric Considerations section added to assessment sections to help you assess and prevent complications and improve care in overweight and obese patients NEW Section on Caring for the Elderly added to assessment sections to provide you with tips and guidelines unique to elderly patients including recognizing differences in measuring pain providing appropriate nutritional support improving communication and preventing infection NEW Updated content throughout keeps you current in the field of critical care nursing NEW Geriatric icon highlights considerations relating to the care of older adults NEW The latest NANDA I nursing diagnoses ensure you stay up to date

Critical Care Manual of Clinical Nursing Procedures Suzanne Bench, Nicki Credland, Chris Hill, 2024-10-30 Critical Care Manual of Clinical Nursing Procedures The second edition of Critical Care Manual of Clinical Nursing Procedures is a practical overview of essential procedures for the care of critically ill patients Beginning with chapters outlining the current scope of critical care the book adopts a systematic stage by stage approach from admission to discharge At each stage it provides insights into physiology key procedures and the relevant evidence base Now fully updated to incorporate the latest research and best practices this volume is poised to remain an indispensable resource for the next generation of critical care providers Readers of the second edition will find In depth beat by beat analysis of key procedures in critical care Interventions underpinned by the latest evidence Content aligned with the National Critical Care Competency Framework and endorsed by the British Association of Critical Care Nurses Critical Care Manual of Clinical Nursing Procedures is ideal for nurses working in a critical care unit nurses undertaking post qualification specialist courses in critical care or other healthcare professionals working as part of a critical care team

Manual of Critical Care Nursing - E-Book Marianne Saunorus Baird, 2021-10-13 Selected for Doody's Core Titles 2024 in Critical Care Coverage of more than 75 disorders most commonly seen in progressive and critical care settings equips you with all the content needed to handle problems in critical care nursing Consistent easy to use format mirrors a practicing nurse's approach to patient care and facilitates quick reference to vital information Diagnostic Tests tables highlight the definition purpose and abnormal findings for each test Gerontologic considerations and bariatric considerations are highlighted throughout to direct attention to patients with unique needs in critical care settings NOC outcomes and NIC interventions apply standardized nursing taxonomies to the disorders and

conditions most commonly encountered in progressive and critical care settings Portable size makes it ideal for use on the unit or at the bedside Safety Alert and High Alert boxes call attention to issues vital to patient safety **Critical Care Manual of Clinical Procedures and Competencies** Jane Mallett, John Albarran, Annette Richardson, 2013-07-22 This manual is aimed at all healthcare practitioners from novice to expert who care for the critically ill patient recognising that different disciplines contribute to the provision of effective care and that essential knowledge and skills are shared by all practitioners It provides evidence based guidelines on core critical care procedures and includes a comprehensive competency framework and specific competencies to enable practitioners to assess their abilities and expertise Each chapter provides a comprehensive overview beginning with basic principles and progressing to more complex ideas to support practitioners to develop their knowledge skills and competencies in critical care *Oh's Intensive Care Manual - E-BOOK* Jonathan M. Handy, Bala Venkatesh, 2025-09-19 Significantly revised from cover to cover Oh's Intensive Care Manual 9th Edition is a must have quick reference resource for ICU physicians at all levels of experience New and updated topics cover all aspects of intensive care in sufficient detail for daily practice or exam preparation while also keeping you up to date with the latest innovations in the field All content has been thoroughly reviewed to ensure coverage of contemporary exam curricula and essential clinical topics resulting in a single convenient text that covers exactly the information you need to know in every key area of intensive care medicine Balances information on management and treatment of conditions with essential pathophysiological and pharmacological background all with an increased focus on clinical management strategies to optimise patient outcomes Offers authoritative treatment guidelines covering both adult and paediatric patients in the ICU Discusses the latest developments in such areas as ARDS sepsis neurological disorders and morbid obesity Provides an increased number of summary boxes tables and charts to facilitate quick retrieval of essential information Contains new sections on Decision Making Special Populations The Post Operative Patient and more Includes numerous new chapters Allied health professionals in ICU Clinical assessment of the critically ill patient Determination of death in ICU Mechanical cardiac supports Acute aortic syndrome Overview of respiratory failure in ICU COVID 19 Neuromonitoring Pre operative assessment of high risk patient Post operative thoracic surgical patient Post operative neuro surgical patient Principles of organ procurement and donation and more Shares the knowledge and global expertise of a who's who of international specialist ICU Consultants including new editor Professor Bala Venkatesh Universities of Queensland and New South Wales Australia Provides an extensive list of important up to date references Any additional digital ancillary content may publish up to 6 weeks following the publication date Brand new Editor Professor Bala Venkatesh University of Queensland Australia Increased focus on clinical management strategies to optimize patient outcome Latest developments in such areas as ARDS Sepsis Neurological disorders morbid obesity Increased number of summary boxes tables and charts to facilitate quick retrieval of essential information **Critical Care Nursing Practice Guide: A Road Map for Students and New**

Graduates Elizabeth Simon, 2010-09-22 *Critical Care Nursing Practice Guide A Road Map for Students and New Graduates* is an essential step by step practical guide that helps new nursing graduates new critical care and nursing students assigned to intensive care units gain the confidence they need to provide optimal care to their patients This comprehensive text teaches inexperienced nurses how to systematically assess their patients plan individualized care implement therapeutic modalities with competence collaborate effectively and evaluate the effectiveness of nursing actions Covering areas such as how to begin organize prioritize analyze reason and decide in daily routines and emergencies in the critical care setting this book enables the novice to become an expert in the ICU Valuable features such as chapter objectives summaries and key terms are included *AACN Procedure Manual for Critical Care* American Association of Critical-Care Nurses, 2001 Turn here for comprehensive coverage of procedures commonly performed in the critical care environment Each procedure is detailed step by step with the very latest information a strong research base and rationales for each step The fourth edition features new advanced practice procedures that are noted with special icons Also includes new procedures for cardiac arrest devices continuous venovenous hemofiltration and more Research based data has been added to strengthen recommendations for each procedure *Oh's Intensive Care Manual* Andrew D. Bersten, Neil Soni, 2009-01-01 The sixth edition provides practical concise information on all aspects of intensive care Written in a clear and accessible style and now for the first time presented in colour throughout this book enables the user to manage a patient in an ICU setting effectively without recourse to large text reference works or specialized monographs This thoroughly revised and updated edition reflects the best and most current practice from leading centres in Australia the UK and Western Europe Information on management and treatment of conditions is balanced by pathophysiological and pharmacological background This is not just a cook book of procedures It provides all of the essential information for candidates wishing to pass professional examinations Addition of colour throughout to highlight summary boxes tables charts and flow diagrams Will make key information more accessible easier and faster to retrieve Pitfalls in treatment and management emphasized in each chapter Provides the user with expert advice on practical issues that will be encountered on a day to day basis in the ICU Keeps the user abreast of the latest developments in diagnosis and management **Oxford Handbook of Critical Care Nursing** Fiona Creed, Jessica Hargreaves, 2016-01-28 Focused on the practical issues of nursing care and nursing procedures the *Oxford Handbook of Critical Care Nursing* has been written by nurses for nurses Reflecting current best practice this handbook is an easily accessible and evidence based guide for all levels of nursing staff working in critical care environments It provides the nurse at the bedside with the answers to day to day problems experienced when caring for critically ill patients and is also a guide to some of the less commonly encountered issues Now including more detail on the psychological issues facing critically ill patients and further information on the intricacies of receiving and transferring critically ill patients to and from critical care environments this handbook is a concise practical evidence based guide for nursing professionals

caring for critically ill patients *Critical Care Manual of Clinical Procedures and Competencies* Jane Mallett, John Albarran, Annette Richardson, 2013-05-15 This manual is aimed at all healthcare practitioners from novice to expert who care for the critically ill patient recognising that different disciplines contribute to the provision of effective care and that essential knowledge and skills are shared by all practitioners It provides evidence based guidelines on core critical care procedures and includes a comprehensive competency framework and specific competencies to enable practitioners to assess their abilities and expertise Each chapter provides a comprehensive overview beginning with basic principles and progressing to more complex ideas to support practitioners to develop their knowledge skills and competencies in critical care

The Royal Marsden Manual of Clinical Nursing Procedures Lisa Dougherty, Sara Lister, 2015-03-05 Nationally recognised as the definitive guide to clinical nursing skills The Royal Marsden Manual of Clinical Nursing Procedures has provided essential nursing knowledge and up to date information on nursing skills and procedures for over 30 years Now in its 9th edition this full colour manual provides the underlying theory and evidence for procedures enabling nurses to gain the confidence they need to become fully informed skilled practitioners Written with the qualified nurse in mind this manual provides up to date detailed evidence based guidelines for over 200 procedures related to every aspect of a person's care including key information on equipment the procedure and post procedure guidance along with full colour illustrations and photos Following extensive market research this ninth edition contains the procedures and changes in practice that reflect modern acute nursing care includes thoroughly reviewed and updated evidence underpinning all procedures is organised and structured to represent the needs of a patient along their care pathway integrates risk management into relevant chapters to ensure it is central to care contains revised procedures following hands on testing by staff and students at Kingston University is also available as an online edition

ACCCN's Critical Care Nursing Leanne Aitken, Andrea Marshall, Wendy Chaboyer, 2016-01-04 With each edition ACCCN's Critical Care Nursing has built on its highly respected reputation Its contributors aim to encourage and challenge practising critical care nurses and students to develop world class critical care nursing skills in order to ensure delivery of the highest quality care Endorsed by the Australian College of Critical Care Nurses ACCCN this 3rd edition presents the expertise of foremost critical care leaders and features the most recent evidence based research and up to date advances in clinical practice technology procedures and standards Expanded to reflect the universal core elements of critical care nursing practice authors Aitken Marshall and Chaboyer have retained the specific information that captures the unique elements of contemporary critical care nursing in Australia New Zealand and other similar practice environments Structured in three sections ACCCN's Critical Care Nursing 3rd Edition addresses all aspects of critical care nursing including patient care and organisational issues while highlighting some of the unique and complex aspects of specialty critical care nursing practice such as paediatric considerations trauma management and organ donation Presented in three sections Scope of Critical Care Principles and Practice of Critical Care Speciality Practice Focus on

concepts that underpin practice essential physical psychological social and cultural care New case studies elaborate on relevant care topics Research vignettes explore a range of topics Practice tips highlight areas of care particularly relevant to daily clinical practice Learning activities support knowledge reflective learning and understanding Additional case studies with answers available on evolve NEW chapter on Postanaesthesia recovery Revised coverage of metabolic and nutritional considerations for the critically ill patient Aligned with the NEW ACCCN Standards for Practice

AACN Procedure Manual for Critical Care - E-Book American Association of Critical-Care Nr,2010-08-06 The AACN Procedure Manual for Critical Care 6th Edition presents procedures for the critical care environment in an illustrated consistent and step by step format The Procedures and Patient Monitoring sections are presented in a tabular format that includes special considerations and rationales for each intervention References have been meticulously reviewed to ensure that the most authoritative and timely standards of practice are used Additionally the references supporting care recommendations are identified according to the latest AACN Evidence Leveling System to ensure that you have a complete understanding of the strength of the evidence base UNIQUE AACN sponsored content ensures the highest standards of practice Comprehensive clear easy to use format allows you to quickly find and review the exact content you need Rationales provide complete information on every procedure Identified AP procedures help you judge whether a procedure is in your scope of practice Patient safety highlighted with new icons for patient identification and time out Joint Commission Universal Protocols CDC Standard Precautions for hand washing and applying protective clothing and equipment highlighted with new icons UNIQUE Clarity of Evidence Leveling helps you quickly grasp the strength of the evidence supporting the care recommendations Reviewed and Updated References comply with the highest standards of critical care practice Alphabetical procedures index inside the front cover provides easy access Reader friendly design changes make it easier to identify and utilize special features

AACN Handbook of Critical Care Nursing Marianne Chulay,1997

Acute and Critical Care in Adult Nursing

Desiree Tait,Jane James,Catherine Williams,David Barton,2015-12-26 This book helps adult nursing students to competently manage care of critically and acutely ill patients and to recognize and deal with the early signs of deterioration The book takes a practical real life approach to care with each chapter focusing on patients with specific problems then interweaving the knowledge and skills needed to care for that patient New to this edition two new chapters focusing on the renal system and endocrine system updates to include the latest evidence and guidelines from NICE refreshed activities and scenarios reflecting current nursing practice

AACN Essentials of Critical Care Nursing Pocket Handbook, Second Edition Marianne Chulay,Suzanne M. Burns,AACN, American Association of Critical-Care Nurses,2010-05-24 Essential Data Critical Care Nurses Must Know Endorsed by the American Association of Critical Care Nurses this go anywhere handbook features tables and figures that encapsulate all the information required to give safe and effective care to critically ill patients Contents include Critical Care Drug Tables Normal Values for Laboratory Tests and Physiologic Parameters Lists of Assessment

Components Cardiac Rhythms ECG Characteristics and Treatment Guides Including Sample Rhythm Strips 12 Lead ECG Changes in Acute Myocardial Ischemia and Infarct Troubleshooting Guide for Hemodynamic Monitoring Equipment Indications for Mechanical Ventilation Weaning Assessment Tool ACLS Algorithms **The Royal Marsden Manual of**

Clinical Nursing Procedures, Student Edition Sara Lister, Justine Hofland, Hayley Grafton, Catherine Wilson, 2021-03-22

The student edition of The Royal Marsden Manual of Clinical Nursing Procedures has been the definitive market leading textbook of clinical nursing skills for fifteen years This internationally best selling title sets the gold standard for nursing care providing the procedures rationale and guidance required by pre registration students to deliver clinically effective patient focused care with expertise and confidence With over two hundred detailed procedures which reflect the skills required to meet The Standards of Proficiency for Registered Nurses NMC 2019 this comprehensive manual presents the evidence and underlying theory alongside full colour illustrations and a range of learning activities designed to support student nurses in clinical practice Loved and trusted by millions The Royal Marsden Manual of Clinical Nursing Procedures Student Edition continues to be a truly indispensable textbook for students and includes coverage of patient assessment and discharge planning communication infection prevention and control perioperative care wound management nutrition diagnostic testing medicines management and much more Learning features in this revised tenth edition include Learning outcomes summarise the focus of the information in each chapter Learning in practice asks you to consider issues within your practice environment Case studies provide learning around a particular patient scenario Clinical applications ask you to consider how you would apply your knowledge to a clinical situation Stretch activities challenge you with more nuanced advanced issues to reflect upon Many of the features in the book are relevant to trainee nursing associates especially when used in conjunction with supervision from academic and clinical teachers A companion website to this title is available at www.royalmarsdenmanual.com/student10e

ACCCN's Critical Care Nursing - E-Book Leanne Aitken, Andrea Marshall, Wendy Chaboyer, 2011-11-21 A revised new edition of this comprehensive critical care nursing text developed with the Australian College of Critical Care Nurses ACCCN This second edition of ACCCN s Critical Care Nursing has been fully revised and updated for critical care nurses and students in Australia and New Zealand As well as featuring the most recent critical care research data current clinical practice policies procedures and guidelines specific to Australia and New Zealand this new edition offers new and expanded chapters and case studies The ultimate guide for critical care nurses and nursing students alike ACCCN s Critical Care Nursing 2e has been developed in conjunction with the Australian College of Critical Care Nurses ACCCN As with the first edition the text in ACCCN s Critical Care Nursing 2e reflects the expertise of ACCCN s highly qualified team of local and international critical care nursing academics and clinicians This authoritative nursing resource takes a patient centred approach encouraging practising critical care nurses and students to develop effective high quality critical care nursing practice ACCCN s Critical Care Nursing 2e outlines the scope of critical care nursing before

detailing the core components and specialty aspects of critical care nursing such as intensive care emergency nursing cardiac nursing neuroscience nursing and acute care Specific clinical conditions such as emergency presentations trauma resuscitation and organ donation are featured to explore some of the more complex or unique aspects of specialty critical care nursing practice expanded chapters for cardiovascular respiratory and neurological content new chapters on Quality and Safety Recovery and Rehabilitation Psychological care and Obstetric emergencies new case studies elaborate on relevant care issues critiques of recent research publications explore related topics practice tips highlight areas of care particularly relevant to daily clinical practice learning activities support knowledge reflective learning and understanding

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