

# Integumentary System Review Guide

Names: \_\_\_\_\_

Section: \_\_\_\_\_

**Directions:** You will learn best if you **WRITE OUT THE QUESTIONS AND ANSWERS ON SEPARATE SHEETS OF PAPER!!!**

1. List **AND** describe some of the basic characteristics of the skin
2. List **AND** describe some of the functions of the skin.
  - Protects underlying tissues and organs
  - Excretes organic waste as well as salt and water (glands)
  - Maintains body temperature
  - Synthesizes vitamin d3
  - Stores lipids
  - Detects touch, pressure, pain, and temperature
3. Define desiccation.
4. What type of epithelium is the skin composed of?
5. List the 5 layers of the epidermis from deep to superficial. Now add the defining characteristics of each of these layers. **In other words, what are the important functions of each layer?**
  - Stratum basale
  - Stratum spinosum
  - Stratum granulosum
  - Stratum lucidum (only in thick skin)
  - Stratum corneum
6. Which layer of the epidermis is found only in the palms of the hands and soles of the feet?  
Stratum lucidum
7. Which "specialized" cell types are found in the epidermis of the skin? **What are the functions of each of these cells?**
  - Stratum basale- merkel cells (respond to touch) and melanocytes (produce melanin)
  - Stratum spinosum- keratinocytes and langerhans cells (active in immune response)
  - Stratum granulosum- keratin (protein fibers make up hair and nails) and keratohilin (promotes dehydration in cells)
  - Stratum corneum- keratinized cells (water resistant)
8. Explain the process of keratinization. Formation of a layer of dead cells filled with keratin
9. What are the two major layers of the dermis? Compare and contrast the structures **AND** functions of these two layers. Make sure to address the receptors involved with cutaneous sensation.
  - Papillary layer- made up of areolar connective tissue, touch and pain receptors on palms and soles, papillae on top of dermal ridges producing fingertips
  - Cutaneous sensation: Meissner's corpuscles and Merkel cells (makes us aware of touch), Pacinian corpuscles (feel bumps and contacts involving deep pressure or vibration), root hair plexus (wind blowing in hair), bare nerve endings (pain stimuli)
  - Reticular layer- collagen binds water helping to hydrate the skin, elastin fibers give skin elasticity, contains larger blood vessels, lymph vessels and nerve fibers
10. Describe how a blister forms.
11. What are lines of cleavage and what is their clinical significance?
12. Describe the anatomy of the hypodermis. **More adipose than dermis, few capillaries and no vital organs**
13. List **AND** describe the functions of the hypodermis. **Energy reservoir, thermal insulation, hypodermic injections**
14. Is the hypodermis considered a layer of the skin? **Explain!** **No considered subcutaneous tissue/ superficial fascia**
15. Why are shots often given into the hypodermis?

# Integumentary System Review Guide

**Michael Mileski, Rebecca McClay**



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Midwifery & Women's Health Nurse Practitioner Certification Review Guide Beth M. Kelsey,2010-09-07 7417 2

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