


PRESENTATION


Personal Hygiene



How you take care of your body.

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Oral Hygiene



Brush your teeth 2-3x a day.

Floss every day.

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Keep Clean



Take a bath or shower every day. Use deodorant after you shower if you are at least 8 years old—you produce extra sweat now that you're older!

Use soap and water everywhere on your body.

Take an extra bath/shower if you get sweaty from sports.

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Handwashing



Wash your hands with soap and water.

Rinse at least 20 seconds.

Wash after using the toilet, playing outside, and before you eat.

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Fingernails



Have your nails trimmed every 1-2 weeks.

Clean under your nails when you bathe.

Nail brushes are a great way to get hard to reach dirt and germs!

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Hair Care



How often you wash your hair depends on your personal hair texture—everyone's is different!

Use shampoo when you wash your hair.

Brush or comb your hair daily (if it's long, instead).

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Hygiene Lessons For 5th Graders

**California. State Curriculum
Commission**



Hygiene Lessons For 5th Graders:

Hygiene Instructional Manual Benjamin Lee, Bart Lee, 2011-03-15 Health Education for 4th, 5th, 6th Grade Children Sara Coolidge, 1927 **Life Skills Curriculum: ARISE Basic Health 101, Book 1: Health & Hygiene (Instructor's Manual)** Edmund Benson, 2011-07 ARISE Basic Health 101 Health and Hygiene ends your students confusion about health literacy Health and Hygiene topics include personal hygiene skin care common illnesses general health STD symptoms prevention and treatment and more **The Activity Program and the Teaching of Reading** California. State Curriculum Commission, 1931 *5th Grade at Home* The Princeton Review, 2021-05-18 5TH GRADE AT HOME offers simple guided lessons and activities that students and their parents can use to help keep grade appropriate English and math skills on track With the perfect mix of practical lessons and hands on activities the Learn at Home series helps keep kids engaged and up to date no matter where class is held Written to bolster independent learning this student centric workbook includes parent tips and simple support to help keep kids education on track Guided help for key 5th grade English and math topics Skills broken into short easy to accomplish lessons Modules designed to encourage students to dive in explore and engage in interactive learning Fun at home learning activities using common household items Parent tips to contextualize lessons and help assist your child 5th Grade at Home covers key grade appropriate English and math topics such as grammar vocabulary reading comprehension writing number families lines multiplication division fractions ratios factors primes time distance and money problems and more Bulletin - Bureau of Education United States. Bureau of Education, 1931 **Missouri School Journal**, 1897 **Bulletin** United States. Office of Education, 1931 **Research in Higher Education** Annie Reynolds, Elise Henrietta Martens, Ella Burgess Ratcliffe, Francis Washington Kirkham, Jessie M. Parker, Mina M. Langvick, Regional Conference on Home-Making Education, Robert Weiss Kunzig, 1931 **The Vermonter**, 1915 **The Journal of the National Dental Association** American Dental Association, National Dental Association (1897-1922), 1921 Includes the proceedings of the House of Delegates **The Vermonter** Charles Spooner Forbes, Charles R. Cummings, 1915 **Making the Grade** Barb Owen, 2021-07-23 In the early 1900s a student with two years of high school could attend Ellensburg Normal School for one academic year pass an examination and receive a teaching certificate Elsie Hodgson did just that In response to her application the clerk of the Tarpiscan School wrote You can teach our school Sharpen up your six shooter we got some ornery kids in these parts Ready for adventure she accepted the offer and found kind hospitable people who treated her with respect and affection In Making the Grade thirteen former Kittitas country schoolmarms reflect fondly on their days of teaching in remote locales between 1914 and 1939 Usually their classes were small with multiple grade levels in a single room and the new educators also served as janitors fire builders cooks and water haulers They reported few difficulties with discipline The schools often functioned as hubs for their communities and popular social activities included holiday programs plays spelling bees box socials picnics and dances The young women confronted numerous challenges For

most it was their first job They were away from friends and family They lacked supplies For several the experience also was an introduction to country life Elsie Hodgson learned to ride a horse Helen Donald Hadley s students showed her how to harvest wild onions that grew among rocks behind her schoolhouse Emma Darter Utz rejected the idea of a field trip coyotes and cougars prowled too near her school Others contended with mischievous pet monkeys and swarms of bees Facing these ordeals with creativity dedication and pluck they enhanced the lives of many children and earned the adoration of their rural populations American Journal of Public Health ,1924 Includes section Books and reports **Course of Study for the Elementary Grades** Joliet (Ill.). Supt. of Public Schools,1913 **The American School Board Journal** William George Bruce,William Conrad Bruce,1923 *Journal of the American Public Health Association* ,1924 The Colorado School Journal ,1890 **Strengthening Equitable Education Through Latina Leaders' Perspectives** Beck, Carmen Luz Maria,2025-04-03 Strengthening equitable education is an ongoing challenge and one powerful way to address it is by amplifying the perspectives of Latina leaders whose unique experiences and insights can drive meaningful change As educators policymakers and advocates Latina leaders bring a deep understanding of the intersectional barriers faced by marginalized communities particularly within the context of race gender and socioeconomic status Their voices offer critical contributions to shaping inclusive educational policies designing culturally relevant curricula and fostering supportive learning environments that reflect the diversity of the student body By prioritizing Latina leadership in education a historically underrepresented group is empowered while also creating pathways for more equitable access to quality education for all students Through their leadership a more just inclusive and responsive education system that acknowledges and addresses the needs of every learner can be built **Strengthening Equitable Education Through Latina Leaders Perspectives** explores the stories of Latina leaders in education and the increase of equity in schools It examines solutions for equity to address bias socioeconomic inequality and learning difficulties in minoritized areas This book covers topics such as cultural studies policymaking and sociology and is a useful resource for educators sociologists policymakers academicians and researchers **Administration Reports** Saint Lucia,1921

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