

The Ultimate ACLS Study Guide

ADVANCED CARDIAC LIFE SUPPORT (ACLS) COURSE
EMERGENCY RESPONSE TO LIFE-THREATENING CARDIOVASCULAR CONDITIONS



EKG Anatomy



P Wave - atrial depolarization activity in the lower right atrium
QRS Complex - ventricular depolarization activity in the lower left ventricle
T Wave - ventricular repolarization activity in the lower left ventricle
ST Segment - the interval between the end of the QRS complex and the beginning of the T wave. It represents the time when the ventricles are fully depolarized and the electrical current is flowing through the heart.

ECG Rhythms

- Ventricular Fibrillation** - Irregular, chaotic, and disorganized electrical activity. Immediate defibrillation.
- Ventricular Tachycardia** - Rapid, regular, and organized electrical activity. Pacing 100-120 bpm.
- Bradycardia** - Slow, regular, and organized electrical activity. Pacing 60-100 bpm.
- Asystole** - No electrical activity. CPR and epinephrine.
- Sinus Bradycardia** - Slow, regular, and organized electrical activity. Pacing 60-100 bpm.
- 1st Degree AV Block** - Delayed conduction of the electrical impulse. Prolonged PR interval.
- 2nd Degree Block Type I - Wenckebach** - Progressive prolongation of the PR interval until a QRS complex is dropped.
- 2nd Degree Block Type II - Mobitz** - Fixed PR interval with occasional dropped QRS complexes.
- 3rd Degree Block** - Complete dissociation between P waves and QRS complexes.
- Sinus Tachycardia** - Rapid, regular, and organized electrical activity. Pacing 100-120 bpm.
- Supraventricular Tachycardia** - Rapid, regular, and organized electrical activity. Pacing 100-120 bpm.
- Polymorphic Ventricular Tachycardia** - Rapid, irregular, and organized electrical activity. Pacing 100-120 bpm.
- Torsades de Pointes** - Rapid, irregular, and organized electrical activity. Pacing 100-120 bpm.



Electrical Therapy Basics



- Defibrillation** - Used to treat ventricular fibrillation (VF) and pulseless ventricular tachycardia (VT).
- Synchronized Cardioversion** - Used to treat atrial fibrillation (AF), atrial flutter (AFL), and supraventricular tachycardia (SVT).
- Transcutaneous Pacing** - Used to treat bradycardia and asystole.

Airway Management



- Adjuvants** - Used to facilitate intubation and oxygenation.
- Endotracheal Intubation** - Use for patients with severe respiratory distress or hypoxia.
- Supraglottic Airway** - Use for patients with severe respiratory distress or hypoxia.
- Rescue Airway** - Use for patients with severe respiratory distress or hypoxia.

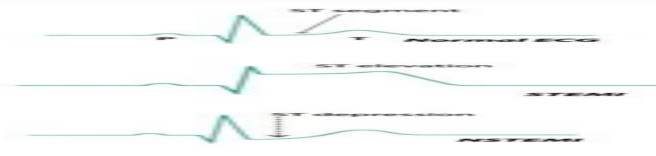
Post-Resuscitation Care



- Follow the ABCs** - Airway, Breathing, Circulation.
- Temperature** - Maintain body temperature between 36-38°C.
- Fluids** - Use IV fluids to maintain fluid balance.
- Medications** - Use medications to manage pain, anxiety, and other symptoms.

Acute Coronary Syndromes (ACS)

- Unstable Angina** - Chest pain due to poor blood flow to the heart muscle.
- ST Segment Elevation MI (STEMI)** - Heart attack caused by a blocked coronary artery.
- Non-ST Segment Elevation MI (NSTEMI)** - Heart attack caused by a partially blocked coronary artery.



Stroke Assessment and Treatment

- Stroke Assessment** - Use the Cincinnati Prehospital Stroke Scale to assess for stroke.
- Stroke Treatment** - Use tPA to treat ischemic stroke.

Code Termination

- Consult with medical control** before code termination.
- Document** the code termination and the patient's condition.

This document is for informational purposes only and should not be used as a substitute for professional medical advice.

Fast Response Acls Study Guide

RJ Alexander

A red circular graphic with a gradient, appearing as a partial circle or a thick arc, located to the right of the author's name.

Fast Response Acls Study Guide:

Unveiling the Power of Verbal Beauty: An Mental Sojourn through **Fast Response Acls Study Guide**

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