

Chapter 11

Middle Adulthood: Ages 40 through 65

Physical Changes During Middle Adulthood

Activity A
Chapter 11

Name _____
Date _____ Period _____

Complete the table by listing changes that may occur during middle adulthood. In the first two rows, list any physical changes specific to men or women.

| | |
|------------------------------|--|
| Men | |
| Women | |
| Sensory skills | |
| Muscle mass and bone density | |
| Health concerns | |

Goodheart Willcox Worksheet Answers

Arturo Cuomo



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