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web 1 packer brisket 12 to 14 pounds 3 cups jerk seasoning homemade or your favorite commercial brand 5 pimento leaves
or bay leaves 2 tablespoons allspice berries preferably jamaican buttered toasted brioche rolls or

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web sep 6 2017 this rub will add tons of flavor to beef or pork ribs chops roasts chicken vegetables and meat substitutes
while this is meant to be a spicy rub you can adjust the cayenne to suit your tastes if you re new to jerk seasoning i

recommend starting with chicken breasts or thighs 5 from 1 vote

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web i have to admit i make this marinade in batches it is fresh and fragrant at the same time every time grill i seem to
acquire new friends jerk is originated in jamaica but most other caribbean islands have their own marinades using the spices
and herbs in the quantities preferable to their specific taste

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tablespoons soy sauce 1 tablespoon oil 1 tablespoon cider vinegar or white vinegar 2 teaspoons fresh thyme leaves 2
teaspoons granulated sugar 1 teaspoon salt kosher salt or sea salt is

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web step 1 make the jerk seasoning place the chiles scallions garlic ginger cilantro thyme sugar salt allspice cinnamon
pepper and salt in food processor and grind to a coarse paste work in the oil rum and soy sauce to obtain a thick but
spreadable paste

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web recipe tips place the food in a glass baking dish and spread the jerk seasoning over it turning to ensure an even coating
marinate large pieces of meat overnight medium size pieces for 4 to 6 hours and small pieces for 1 to 2 hours covered in the
refrigerator barbecue or indirect grill the meat using moderate heat and plenty of wood smoke

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web jan 14 2011 1 3 cup soy sauce 2 tablespoon vegetable oil 1 4 cup vinegar 1 onion 1 2 cup orange juice 2 cloves garlic 1 teaspoon grated ginger notes if you re using dried thyme use about 1 2 table spoon this makes about 3 cups of marinade and it can be stored in the fridge for about 1 month

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web in the process it s lost a lot of its fire spice and salt here s how they make it in the birthplace of jerk a town called boston beach on the north coast of jamaica count yourself lucky to have a blender in boston beach they grind the seasonings in a hand cranked spice mill

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