

The Matrix Model of Treatment

Joan E. Zweben, PhD

April 23, 2004

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Counselor's Treatment Manual: Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders U.S. Department of Health and Human Services, 2019-03-17 The Matrix IOP method was developed initially in the 1980s in response to the growing numbers of individuals entering the treatment system with cocaine or methamphetamine dependence as their primary substance use disorder Many traditional treatment models then in use were developed primarily to treat alcohol dependence and were proving to be relatively ineffective in treating cocaine and other stimulant dependence Obert et al 2000 To create effective treatment protocols for clients dependent on stimulant drugs treatment professionals at the Matrix Institute drew from numerous treatment approaches incorporating into their model methods that were empirically tested and practical Their treatment model incorporated elements of relapse prevention cognitive behavioral psychoeducation and family approaches as well as 12 Step program support Obert et al 2000 *Counselor's Treatment Manual*, 2006

Counselor's Family Education Manual - Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders Department Of Health And Human Services, 2019-11-23 The Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders IOP package provides a structured approach for treating adults who abuse or are dependent on stimulant drugs The approach followed in the treatment package was developed by the Matrix Institute in Los Angeles California and was adapted for this treatment package by the Knowledge Application Program of the Center for Substance Abuse Treatment of the Substance Abuse and Mental Health Services Administration SAMHSA The Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders IOP package provides a structured approach for treating adults who abuse or are dependent on stimulant drugs The approach followed in the treatment package was developed by the Matrix Institute in Los Angeles California and was adapted for this treatment package by the Knowledge Application Program of the Center for Substance Abuse Treatment of the Substance Abuse and Mental Health Services Administration SAMHSA *The Matrix Model* Richard A. Rawson, Jeanne L. Obert, Michael J. McCann (M.A.), Walter Ling, 2014

Encyclopedia of Substance Abuse Prevention, Treatment, and Recovery Gary L. Fisher, Nancy A. Roget, 2009 This collection provides authoritative coverage of neurobiology of addiction models of addiction sociocultural perspectives on drug use family and community factors prevention theories and techniques professional issues the criminal justice system and substance abuse assessment and diagnosis and more Counselor's Family Education Manual U. S. Department of Health and Human Services, 2013-06-26 The Matrix IOP method was developed initially in the 1980s in response to the growing numbers of individuals entering the treatment system with cocaine or methamphetamine dependence as their primary substance use disorder Many traditional treatment models then in use were developed primarily to treat alcohol dependence and were proving to be relatively ineffective in treating cocaine and other stimulant dependence Obert et al 2000 To create effective treatment protocols for clients dependent on stimulant drugs treatment professionals at the Matrix

Institute drew from numerous treatment approaches incorporating into their model methods that were empirically tested and practical. Their treatment model incorporated elements of relapse prevention, cognitive behavioral psychoeducation, and family approaches as well as 12 Step program support. Obert et al 2000 Textbook of Addiction Treatment Nady el-Guebaly, Giuseppe Carrà, Marc Galanter, Alexander M. Baldacchino, 2020-11-03. Addiction is increasingly being recognized as a major global public health issue and an ever growing number of medical specialties, psychological and social science training programs and professional associations are including addiction as part of their training and continuing education curricula. The first edition of this book presented an overview of the spectrum of addiction related problems across different cultures around the globe. Sharing the experience and wisdom of more than 260 leading experts in the field and promoted by the International Society of Addiction Medicine, it compared and contrasted clinical practices in the field of addiction medicine on the basis of neurobiological similarities as well as epidemiological and socio cultural differences. Building on the success of this inaugural edition and taking into account the formal and informal comments received as well as an assessment of current need, this textbook presents general updated information while retaining the most requested sections of the first edition as demonstrated by the number of chapter downloads. It also provides a basic text for those preparing for the ISAM annual certification exam. Written by some 220 international experts, it is a valuable reference resource for anyone interested in medicine, psychology, nursing and social science.

Handbook of Addictive Disorders Robert Holman Coombs, 2004-04-28. The most comprehensive source for the latest research and practice techniques for diagnosing and treating addictive disorders. This book brings together an array of international experts on addictive disorders. Robert Coombs's *Handbook of Addictive Disorders* discusses the contemporary issues surrounding the understanding of addiction from diagnosis to treatment of an addicted client. The *Handbook of Addictive Disorders* is an example of practical and clinical information at its best. Lorraine D Grymala, Executive Director, American Academy of Health Care Providers in the Addictive Disorders. The *Handbook of Addictive Disorders: A Practical Guide to Diagnosis and Treatment* is a comprehensive state-of-the-art resource featuring valuable contributions from a multidisciplinary team of leading experts. This unique guide deftly defines addiction and examines its comorbidity with other problems. Subsequent chapters present an overview of addictive disorders coupled with strategies for accurately diagnosing them, planning effective treatment and selecting appropriate interventions. Chapters on public policy and prevention are of indispensable value in light of this growing health concern. The only reference available to cover the full spectrum of addictions and addictive behaviors, the *Handbook of Addictive Disorders* provides the most current research and treatment strategies for overcoming chemical dependency, workaholicism, compulsive gambling, eating disorders, sex addiction, compulsive buying. This useful guide features case studies, figures and diagrams, lists of practical interventions for each disorder and self assessment exercises for clients. Psychologists, addiction counselors, social workers and others working in the addictions field will find the *Handbook of Addictive Disorders* to be an essential resource.

for practical validated information on all types of addictions and their related problems The Matrix Model Richard A. Rawson, 2005-01-01 **SAMHSA News**, 2006 Principles of Neuromusculoskeletal Treatment and Management, A Handbook for Therapists with PAGEBURST Access, 2 Nicola J. Petty, 2011-01-01 Rev ed of Principles of neuromusculoskeletal treatment and management Nicola J Petty 2004 *A Guide to Treatments That Work* Peter E. Nathan, Jack M. Gorman, 2015-06-26 Like its predecessors this fourth edition of *A Guide to Treatments That Work* offers detailed chapters that review the latest research on pharmacological and psychosocial treatments that work for the full range of psychiatric and psychological disorders written in most instances by clinical psychologists and psychiatrists who have been major contributors to that literature Similarly the standards by which the authors were asked to evaluate the methodological rigor of the research on treatments have also remained the same Each chapter in *A Guide to Treatments That Work* follows the same general outline a review of diagnostic cues to the disorder a discussion of changes in the nomenclatures from DSM IV to DSM 5 and then a systematic review of research most of which has been reported within the last few years that represents the evidence base for the treatments reviewed In all 26 of the volume s 28 chapters review the evidence base for 17 major syndromes Featuring this coverage is a Summary of Treatments that Work an extended matrix offering a ready reference by syndrome of the conclusions reached by the chapter authors on treatments that work reviewed in their chapters New to this edition are two chapters at the beginning of the book Chapter 1 details two perplexing issues raised by critics of DSM 5 the unrealized potential of neuroscience biomarkers to yield more accurate and reliable diagnoses and the lingering problem of conflicts of interest in pharmaceutical research Chapter 2 contrasts Native American and western ways of identifying effective treatments for mental and physical disorders concluding that evidence informed culture based interventions sometimes constitute best practices in Native communities Two chapters detailing pharmacological treatments for pediatric bipolar disorder Chapter 9 and pediatric depressive disorder Chapter 12 have also been added More than three quarters of the chapters are written by colleagues who also contributed to most or all of the previous editions Hence this new edition provides up to date information on the quality of research on treatment efficacy and effectiveness provided by individuals who know the research best **Making Mandated Addiction Treatment Work** Barbara C. Wallace, 2019-04-15 The second edition of *Making Mandated Addiction Treatment Work* integrates cutting edge research with evidence based addiction treatments to create a unified and effective treatment model for mental health professionals and those in training Because the largest and fastest growing segment of the community based addiction treatment population includes those who are mandated Barbara C Wallace provides insightful best practices for tailoring addiction treatment to diverse and challenging clients including those who may have a history of trauma or mental disorders different levels of motivation and a high risk of relapse Applicable in a variety of treatment settings in both urban and rural communities this text weaves together new research and vivid case studies into a concise and practical resource This book is ideal for practitioners and

students of public health criminal justice and social welfare services Therapy Manuals for Drug Addiction Dennis C. Daley, 2002 *Handbook of Evidence-Based Substance Abuse Treatment in Criminal Justice Settings* Carl Leukefeld, Thomas P. Gullotta, John Gregrich, 2011-08-28 Get high Become addicted Commit crimes Get arrested and be sent to jail Get released Repeat It's a cycle often destined to persist in large part because the critical step that is often missing in the process which is treatment geared toward ensuring that addicts are able to reenter society without the constant threat of imminent relapse The Handbook of Evidence Based Substance Abuse Treatment in Criminal Justice Setting probes the efficacy of corrections based drug interventions particularly behavioral treatment With straightforward interpretation of data that reveals what works what doesn't and what needs further study this volume navigates readers through the criminal justice system the history of drug treatment for offenders and the practical problems of program design and implementation Probation and parole issues as well as concerns specific to special populations such as women juvenile offenders and inmates living with HIV AIDS are also examined in detail The Handbook's wide ranging coverage includes Biology and genetics of the addicted brain Case management for substance abusing offenders Integrated treatment for drug abuse and mental illness Evidence based responses to impaired driving Monitoring technology and alternatives to incarceration The use of pharmacotherapy in rehabilitation This must have reference work is a comprehensive and timely resource for clinicians researchers and graduate students across a variety of disciplines including clinical psychology criminology and criminal justice counseling and educational policy makers **Substance Use Disorders** Antoine Douaihy, Dennis C. Daley, 2013-12 Written by experienced clinicians and researchers this book provides a comprehensive overview of substance use disorders It integrates evidenced based practices with clinical wisdom of practitioners from several disciplines Most importantly this book provides practical strategies to help patients with substance use disorders in a range of treatment settings **Counselor's Treatment Manual**, 2013 **The End of Overeating** David A. Kessler, 2010-09-14 Uncovers the influences that have conditioned people to overeat explaining how combinations of fat sugar and salt *The Heart of ACT* Robyn D. Walser, 2019-10-01 In The Heart of ACT renowned acceptance and commitment therapy ACT trainer Robyn Walser explores ACT as a process based therapy incorporating intrapersonal and interpersonal processes as well as the six core components of psychological flexibility to connect clinicians to the dynamic and relational implementation of ACT Engaging clinical scenarios therapeutic insights and supervision dialogues are offered to help clinicians move beyond their conceptual understanding of ACT principles to master the nuances of the therapeutic relationship at the heart of ACT Using the tips and strategies in this professional guide clinicians will learn to develop a flexible grounded and client centered practice **The American Psychiatric Association Publishing Textbook of Substance Use Disorder Treatment, Sixth Edition** Kathleen T. Brady, M.D., Ph.D., Frances R. Levin, M.D., Marc Galanter, M.D., Herbert D. Kleber, M.D., 2021-01-15 The Sixth Edition has been completely revised and restructured and represents the cutting edge of research practice and policy in substance use

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