

EXERCISE

12

REVIEW SECTION

1-15

Axial Muscles 2: Muscles of the Trunk

Name _____

Date _____

Lab Section _____

Time _____

Review Questions

1. Compression of the abdominal wall occurs by what four muscles? _____
2. Which is the deepest anterior abdominal muscle? _____
3. The tendinous intersections are found in what muscle? _____
4. How does the action of the rectus abdominis differ from that of the other abdominal muscles? _____
5. What is the action of the serratus anterior muscle? _____
6. What is the physical relationship of the intercostal muscles to each other? _____
7. How does the serratus anterior function as an antagonist to the rhomboid muscles? _____
8. What is the action of the intercostal muscles? _____
9. What muscle attaches to the central tendon? _____
10. Name five muscles that extend the spine. _____

Exercise Physiology 6 Lab Manual Answers

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