# Collecting Case Stories: Guidance for Projects



#### What are case stories?

Case stories are a means of capturing and recording the stories of individuals engaged in projects. Both direct beneficiaries and indirect beneficiaries can be the subject of a case story.

Case stories can provide a rounded picture of the beneficiary journey to improved health and well-being, e.g. what were they/their lives like before they engaged with the project? Why and how did they make changes? What's different as a result?

#### Why capture case stories?

The purpose of capturing Altogether Better case stories is to help us both evaluate and illustrate the impact of our work on improving well-being. They complement the information projects will be collecting from other sources (e.g. monitoring data, evaluation questionnaires). Case stories can be used:

- As qualitative evaluation data which will be analysed in order to identify themes, patterns and issues in beneficiaries experiences and project interventions.
- To showcase success e.g. the impact a project has had for individual beneficiaries.
- As illustrative examples of 'good practice'
- To raise awareness of the needs of particular groups
- To influence practice or policy

#### How and when should case stories be captured?

Projects have already captured a number of individual beneficiary case stories. During 2010/11 each project will be asked to capture a specific number of additional case stories that represent the range of beneficiaries with whom they work who have achieved positive outcomes through their involvement in the project. Case stories are captured through the collaboration of a beneficiary and a project worker. The collaboration usually takes the form of an informal review meeting during which the beneficiary is invited to tell the story of their engagement with the project and any changes which have arisen from this. The project worker helps by asking questions and recording the story (eg by taking notes) and may then also add a commentary on the case from their own perspective.

A template has been provided which is designed to help projects record case stories. Projects should use this template to submit a written version of each case story. If you have any photographs, recorded comments or even film footage to help illustrate the case story, please send these with your case story by email.

> If you have any questions or need any help – please contact the Learning Network. Email: sef503@york.ac.uk

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Jianjun Gao

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