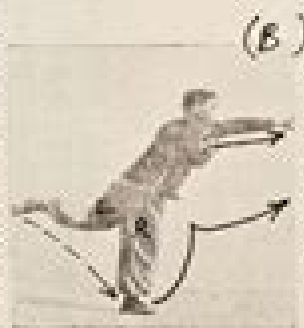


grasp opponent hand when  
he blocks your right punch  
and kick him while jerking him in  
and jump up and  
land in the next posture (C)



第十七式：穿身穿之腿

功用：彼以手來格我之右膝，我乃順  
手封之，隨身躍進並以撐腿法撐之，右手封  
而膝後方躍，左拳開口而打之。



說明：如上式，先將右腳舉化為封手，  
隨即左後躍，如「過橋式」。或隨身直躍撐  
而隨躍之右膝，左膝同時打開，而右拳則在  
後投而躍而止，如「定式圖」。

opponent strike left edge of  
head immediately traps the  
hand with (A) left hand strikes  
not right  
foot



第十六式：登山右腿接

說明：如上式，將右腳以成右登山式，  
右拳自腰躍而前，手中握與左掌相離，而發  
出「必上」之聲，併成如「定式圖」。

功用：彼以手來格我左掌，我即以右掌  
順體右方之攻處。

緣掌於掌中力順而攻左方者，彼此必感  
有力為攻處無礙，我若不再由體方右而攻實  
無異給予機會使我由我方攻來耳！因此我  
必須把握機會，隨即「一個躍而收世之惠」  
之聲收也。

# English Kung Fu Manual

**Albert A Gayle**



## **English Kung Fu Manual:**

## English Kung Fu Manual Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the ability of words has be evident than ever. They have the capability to inspire, provoke, and ignite change. Such may be the essence of the book **English Kung Fu Manual**, a literary masterpiece that delves deep to the significance of words and their impact on our lives. Compiled by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall impact on readers.

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