

Psychology 101 Quiz 2 Questions And Answers 2024/2025

Define: Consciousness - answer✓✓different levels of awareness

Define: Continuum of Consciousness - answer✓✓A wide range of consciousness experiences from being very aware (alert) to totally unresponsive

List the Levels of Consciousness - answer✓✓Controlled Process

Automatic Process

Daydreaming

Altered States of Consciousness

Define: Controlled Process - answer✓✓Full awareness, concentration, trying to reach goal

Define: Automatic Process - answer✓✓Requires little attention, does not interfere with other ongoing activities

Define: Daydreaming - answer✓✓low level of awareness, during automatic process

1. requires no effort

2. generally provides pleasure or escape

(FRUED daydreaming is a release, fantasizing/dreaming while awake)

Define: Altered States of Consciousness - answer✓✓Results from any number of procedures to produce awareness that DIFFERS from normal consciousness

EXAMPLE: meditation/hypnosis/sleep deprivation - changes perceptions

Define: Dreaming - answer✓✓Unique state of consciousness

we are asleep

experience a variety of visual, auditory, tactile images

(FRUED everyone does it and it represents waking life)

Define: unconsciousness - answer✓✓A total lack of sensory awareness and no response to environ men

Can be a result from disease, trauma, blows to the head, anesthesia

Introductory Psychology 101 Test Questions And Answers

Léo Pomar



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