Introduction to Health and Wellness: Final Exam Review

Name Hour ____

- Explain inherited traits.
- What are peers?
- Explain how values can affect our behaviors.
- 4. Identify examples in your physical, social, and cultural environment?
- 5. What mostly makes up a baby's skeleton?
- 6. What are the parts of the axial skeleton?
- What causes body odor?
- What can cause a hernia?
- 9. What is osteoarthritis?
- 10. What does lifting weights do for ostcoarthritis?
- 11. What are voluntary and involuntary muscles?
- 12. What are the main functions of the cerebellum?
- 13. What are the main functions of the cerebrum?
- 14. How do the sympathetic and parasympathetic nervous systems relate to each other?
- 15. What might a brain contusion cause?
- 16. What endocrine gland controls the other endocrine glands?
- 17. Where are the adrenal glands located?
- 18. What does insulin do to blood sugar levels?
- 19. How do hormones travel to different parts of the body?
- 20. What is circumcision?
- 21. Define fertilization.
- 22. What age group is at greatest risk for testicular cancer?
- 23. What are cilia?
- 24. How often does ovulation occur?
- 25. What happens to the endometrium during a woman's period?
- 26. What usually causes PID?
- 27. What effect does food in the stomach have on alcohol absorption?
- 28. Is alcohol a depressant or stimulant?
- 29. What is the Law of Equivalency?
- 30. What is the purpose of a Pap test?
- 31. What does asymptomatic mean?
- 32. What is the job of the FDA?
- 33. What being an outpatient mean?

Introduction To Wellness Final Exam Review

L Darling-Hammond

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