

Exacting Beauty

Theory, Assessment, and Treatment
of Body Image Disturbance



J. Kevin Thompson, Leslie J. Heinberg,
Madeline Altabe, and Stacey Tantleff-Dunn

Exacting Beauty Theory Assessment And Treatment

S Nieto



Exacting Beauty Theory Assessment And Treatment:

Exacting Beauty J. Kevin Thompson, 1999-01 Tennis star Andre Agassi has been quoted as saying Image is everything This may seem like an exaggeration but it is true that for many people how they feel about their appearance means everything Body image is a powerful factor in how we feel about ourselves and those who suffer from a body image disturbance are vulnerable to a host of difficulties ranging from low self esteem to bulimia and anorexia nervosa Body Image Disturbance Integrating Theory Assessment and Treatment is a provocative analysis that integrates explanations from social interpersonal feminist and behavioural cognitive psychology This book is packed with research assessment and treatment guidance Clinicians practitioners and researchers should value this book for its coverage of how psychology grapples with the troubling relationship between appearance and identity Exacting Beauty, 2009 Body image issues are at the core of major eating disorders They are also important phenomena in and of themselves Kevin Thompson and his colleagues provide an overview of a wide variety of body image issues ranging from reconstructive surgery to eating disorders The book will be a valuable resource for even the most established researchers in the field as it is filled with data information about assessment tools and a thorough treatment of virtually all major theoretical perspectives on the development of body image and their implications for treatment and prevention At the same time the authors decision to include numerous experiential anecdotes makes the book easily accessible to those just entering the field who are trying to understand the nature of these phenomena PsycINFO Database Record c 2004 APA all rights reserved , *The Task Planner* William J. Reid, 2000-07-12 A comprehensive A to Z set of task planners for more than one hundred psychosocial problems from alcoholism and anxiety to domestic violence and sexual abuse Each entry includes a menu of actions the client can undertake to affect resolution a guide to the practitioner s role in facilitating these actions and a reference list An accompanying disk allows social workers to update the task planners they are working with and enables keyword searches for specific topics Handbook of Gender Research in Psychology Joan C. Chrisler, Donald R. McCreary, 2010-03-12 Donald R McCreary and Joan C Chrisler The Development of Gender Studies in Psychology Studies of sex differences are as old as the eld of psychology and they have been conducted in every sub eld of the discipline There are probably many reasons for the popularity of these studies but three reasons seem to be most prominent First social psychological studies of person perception show that sex is especially salient in social groups It is the rst thing people notice about others and it is one of the things we remember best Fiske Haslam Stangor Lynch Duan Glass 1992 For example people may not remember who uttered a witty remark but they are likely to remember whether the quip came from a woman or a man Second many people hold rm beliefs that aspects of physiology suit men and women for particular social roles Men s greater upper body strength makes them better candidates for manual labor and their greater height gives the impression that they would make good leaders i e people we look up to Women s reproductive capacity and the caretaking tasks e g breastfeeding baby minding that accompany it make them seem

suitable for other roles that require gentleness and nurturance Third the logic that underlies hypothesis testing in the sciences is focused on difference Researchers design their studies with the hope that they can reject the null hypothesis that experimental groups do not differ

Feminist Psychotherapy in an Indian Context Jagruti Wandrekar, 2025-08-30 This book offers a practical guide to feminist psychotherapy in India Each chapter presents a brief literature review on the topic the author's personal experiences as a queer feminist mental health researcher practitioner real life case studies demonstrating therapeutic interventions and guidelines to remember The field of feminist psychotherapy is nascent in India and very few resources are catered to the Indian context or focus primarily on Indian research and practice This book is therefore relatively unique in that it focusses on practical applications which professionals can use in their work across settings and for myriad concerns at the loci of the self body relationships families work and gender based violence and it utilizes contemporary intersectional feminist values and caters to clients across the gender spectrum to do so As such this book will be an invaluable resource for mental health professionals working in India or within Indian South Asian diaspora Key words feminist therapy intersectional mental health gender and psychology

Leading Psychoeducational Groups for Children and Adolescents Janice L. DeLucia-Waack, 2006-05-03 This book provides readers with direction on how to organize psychoeducational groups while also helping them enhance skills for effectively leading such groups all in one comprehensive volume Offering an applied pragmatic approach author Janice L DeLucia Waack uniquely integrates research and practice to suggest valuable leadership strategies while addressing special issues such as children of divorce anger management bullying behaviors and much more

Shame and Gender in Transcultural Contexts Elisabeth Vanderheiden, Claude-Hélène Mayer, 2024-09-06 This volume is envisioned as a primary reference in research studies and concepts on shame through the lens of gender and from transdisciplinary cultural and transcultural perspectives It sheds light on the state of the art regarding shame and its meaning in the context of gender from theoretical conceptual and empirical perspectives from the standpoint of positive psychology Since the experience of shame the expression of shame as well as the individual or collective handling of shame depends in a special way on cultural factors special importance has been given in the chapters to the consideration of cultural framework conditions This volume is founded on the editors first three publications on shame from positive psychology perspectives and an upcoming work on shame and ageing

Learning the Language of Addiction Counseling Geri Miller, 2014-09-08 FULLY REVISED COMPREHENSIVE AND PRACTICAL Learning the Language of Addiction Counseling Fourth Edition introduces counselors social workers and students to the field of addiction counseling and helps them acquire the knowledge and develop the skills needed to counsel individuals who are caught in the destructive cycle of addiction Drawing from her years of experience working in the addiction counseling field Geri Miller provides an engaging balanced overview of the major theoretical foundations and clinical best practices in the field Fully updated the Fourth Edition offers a positive practice oriented counseling framework and features A research

based clinical application approach to addiction counseling that practitioners can turn to for fundamental practical clinical guidelines Revised chapters that reflect important changes in research and practice including new DSMTM 5 criteria new assessment instruments and new and expanded treatments Case studies interactive exercises end of chapter questions and other resources that facilitate the integration of knowledge into practice Personal Reflections sections at the beginning of each chapter provide an invaluable unique perspective on the author s evolving views of addiction counseling Updated and expanded online Instructor s Manual that includes brief video clips PowerPoint slides test bank questions for each chapter and sample syllabi From assessment and diagnosis of addiction to preparing for certification and licensure as an addiction professional this comprehensive book covers all of the essentials *Evolutionary Perspectives on Human Sexual Psychology and Behavior* Viviana A. Weekes-Shackelford, Todd K. Shackelford, 2014-07-08 This volume in the Springer Series in Evolutionary Psychology presents a state of the art view of the topic of sexuality and sexual behavior drawing on theoretical constructs and research of noted individuals in the field Comprehensive and multi disciplinary this book seeks to provide a broad overview without sacrificing the complexity of a multi faceted approach The book is framed by introductory and closing sections that provide a context for the range of ideas contained within Ample space is provided in designated sections that focus on key areas of sexuality from both male and female perspectives and that include information from primate studies This volume can serve as a graduate text in sexual behavior in evolutionary terms and as a guide for further research

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