ESSENTIAL OILS INTEGRATIVE MEDICAL GUIDE

Building Immunity, Increasing Longevity, and Enhancing Mental Performance with Therapeutic-Grade Essential Oils



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Foreword by Ronald M. Lawrence MD, PhD

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Daniela Niemeyer

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Essential Oils Integrative Medical Guide D. Gary Young, 2003-12 Building immunity increasing longevity and enhancing mental performance with therapeutic grade essential oils Essential Oil Integrative Medical Guide D. Garv Young, 2025-06 AUTHOR INFORMATION D Gary Young ND has made tremendous contributions to the rebirth of essential oils in North America One of the pioneers in researching cultivating and distilling essential oils he has spent decades conducting clinical research on the ability of therapeutic essential oils to combat disease and improve health He has developed his own methods of application from which thousands of people have benefited TABLE OF CONTENTS Acknowledgements Preface Dedication Foreword Section I Background Chemistry Safety Chapter 1 Essential Oils The Missing Link in Modern Medicine Chapter 2 How Do Essential Oils Work Chapter 3 The Chemistry of Essential Oils Chapter 4 How to Safely Use Essential Oils Chapter 5 Cleansing Chapter 6 Producing Therapeutic Grade Essential Oils Section II Single Oils Hydrosols Floral Waters Chapter 7 Single Oils Chapter 8 Hydrosols Floral Waters Section III Blends Chapter 9 Oil Blends Section IV Vita Flex Raindrop Auricular Emotional Response Longevity Chapter 10 Vita Flex Technique Chapter 11 Raindrop Technique Chapter 12 Lymphatic Pump Chapter 13 Auricular Aroma Technique Chapter 14 Emotional Response and Essential Oils Chapter 15 Longevity and Essential Oils Section V Application Methods Reference Guide Chapter 16 Application Methods Reference Guide Section VI References Appendices Index References Appendicies Index Essential Green You Deirdre Imus, 2008-12-30 An essential guide to detoxifying your lifestyle and your body inside and out from expert and activist Deirdre Imus In The Essential Green You the third volume in the New York Times bestselling Green This series Deirdre Imus shares tips on how to green the way you take care of yourself whether with the food you eat or the clothes you wear or the cosmetics toiletries and hair products you use every single day Deirdre provides detailed practical advice that includes How to find everything from organic groceries to nontoxic personal care items Toxic ingredients to avoid in the products you use every day Where to find clothes that are both environment friendly and fashionable Healthy alternatives to commonly used medications How to make better eating habits a priority and live more consciously Living organically doesn't require a drastic overhaul and it doesn't have to be complicated or expensive Deirdre Imus shows how easy and important it is for women to buy green eat green and be green Cutting-Edge Therapies for Autism, Fourth Edition Ken Siri, Tony Lyons, 2014-04-15 The parents of children with autism know that learning about treatments is a full time job For parents with limited time ability or resources Ken Siri and Tony Lyons have compiled the latest in autism research and treatment Exploring the possible causes of autism and presenting novel therapies medications and interventions Cutting Edge Therapies for Autism contains contributions from more than ninety experts on a wide variety of research findings therapies models and multifaceted evaluation and treatment centers Revised and fully updated to include the latest developments this fourth edition includes up to date information on mitochondrial antifungal and physical therapy

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