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web what is an athlete an athlete is an individual who participates in sports or physical activities at a competitive level athletes possess exceptional physical abilities skills and often undergo rigorous training to excel in their chosen sport **athlete wikipedia** - Oct 16 2023

web an athlete also sportsman or sportswoman is a person who competes in one or more sports involving physical strength speed power or endurance athletes may be professionals or amateurs 1 most professional athletes have particularly well developed physiques obtained by extensive physical training and strict exercise

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