

# TEST BANK FOR WILLIAMS BASIC NUTRITION AND DIET THERAPY 16TH EDITION BY NIX WILLIAM

## Chapter 01: Food, Nutrition, and Health

Nix: Williams' Basic Nutrition and Diet Therapy, 16th Edition

### MULTIPLE CHOICE

- Promoting a health care service that improves diabetes management for the elderly in a community would assist in which of the following?
  - Supporting the national health goals *Healthy People 2020*
  - Reducing hunger in a subset of the United States population
  - Improving Medicare reimbursement claims
  - Providing access to primary health care services

ANS: A

*Healthy People 2020* has a wide influence and is the focus of the nation's main objective to promote health and prevent disease.

DIF: Cognitive Level: Application

REF: p. 2

TOP: Nursing Process: Implementation  
MSC: NCLEX: Health Promotion and Maintenance

- A patient requires a nutrition assessment. The most appropriate professional to perform the assessment is a
  - physician.
  - nurse.
  - public health nutritionist.
  - registered dietitian.

ANS: D

The registered dietitian is the nutrition expert registered with the Commission of Dietetic Registration (CDR), the certifying agency of Academy of Nutrition and Dietetics. Registered dietitians are the only professionals who have met strict educational and professional prerequisites and passed a national registration examination that properly prepares them to conduct a nutrition assessment.

DIF: Cognitive Level: Application

REF: p. 1 TOP: Nursing Process: Assessment

MSC: NCLEX: Safe and Effective Care Environment: Management of Care

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**Staci Nix**



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