



**NO MORE
OVERTRADING!!!**

The background image shows a person with blonde hair, seen from the side, looking at two computer monitors. The monitor on the left displays a financial data table with columns for 'High', 'Low', 'Open', and 'Close'. The monitor on the right displays a line chart with a blue background and a green line. The text 'NO MORE OVERTRADING!!!' is overlaid in large, white, bold, sans-serif font across the center of the image.

Symbol	High	Low	Open	Close
NY	1,020.32	1,019.00	1,020.32	1,020.32
FRA	9.90	9.85	9.90	9.90
CAVS	21.05	21.00	21.05	21.05

How To Stop Over Trading

LR Thomas



How To Stop Over Trading:

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The 10XROI Trading System LR Thomas, 2024-06-01

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be very vague and short on specific strategies to take control of your mental state while trading Trading psychology shares equal importance with money management and the trading system yet most traders remain unaware of the importance of considering their trading psychology when designing a trading system What traders need is an unambiguous trader psychology system that can easily slot into whatever system they are trading and enable them to trade their system according to their trading plan Control Your Inner Trader draws on the experience of an eight year trading veteran who is also a qualified therapist Behavioral and therapeutic techniques are included in the book that are easy for anyone to follow Reader Reviews QCD Well worth the time and money Ms Thomas makes some analogies in her books that I have NEVER read in other trading psychology books Excellent Well worth the money This book combined with Overcome Your Fear in Trading are most excellent Made me want to look into some of her other works I was not disappointed Alan 5 0 out of 5 stars A refreshing new angle on how to improve trading results Few trader psychology books deliver on sufficient tools This book is surprisingly different Despite being short compared to other well known top trader books as Trading in the Zone by Mark Douglas and Trading for a Living by Alexander Elder I must say that Control Your Inner Trader is definitely among the better ones Any trader who believe that he or she can improve despite even good results will find this book have a refreshing new angle on how one can improve behavior and become a much better trader This book is time well spent Patrick Higdon Great Book Useful quick and to the point Useful quick and to the point I highly recommend this book to anyone experiencing trading frustrations Many times the first thing we question is our system or methodology when the greatest obstacle to success is ourselves our Inner Trader This book is worth a read of you re just starting out or have been trading for a long time Alastair Forbes Very helpful book indeed in a difficult subject area For a short book I found more practical solutions for erroneous mental habits whilst trading than you might ever imagine This is for me the most difficult area of trading and the author LR Thomas has got right the nub of issues with no fluff or filler I am adopting parts of this book as my mantra

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Unveiling the Magic of Words: A Overview of "**How To Stop Over Trading**"

In a global defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their capability to kindle emotions, provoke contemplation, and ignite transformative change is truly awe-inspiring. Enter the realm of "**How To Stop Over Trading**," a mesmerizing literary masterpiece penned with a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve into the book is central themes, examine its distinctive writing style, and assess its profound impact on the souls of its readers.

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