

Story About Myself

4 pages | 851 words

My name is Olivier ngounoue, I was born and raised in Cameroon but I moved to usa seven years ago. I am a nursing student at the pgcc of Maryland. I lives in Riverdale, Prince George's county, and am working to Pinnacle logistic in Baltimore want to talk about myself. When I know who I am, I know what I need to do, instead of looking for permission from others to do what I already know I ought to do. Once I know myself become more confident will understand my purpose, and I will begin making a bigger impact on the world. Here are the five steps to know to myself. First, I love sport particular soccer. Sport is an athletic activity requiring skill or physical prowess and often of a competitive nature, as racing, baseball, soccer, etc. Soccer I think is the most energetic sport ever. Soccer is amazing to me, but it takes a lot more skill. When I first started it wasn't aggressive at all. But now, it almost feels football. Sometimes I think it gets a little too aggressive cause people get hurt a lot more than you would think. Soccer just makes me want to get up and play love soccer it takes a lot of team effort. So much you wouldn't even imagine. If one person does not try on the team or does not give 100 percent, your whole team loses. Soccer is my favorite sport since I was young at primary school; every Friday after class, we organize some soccer practice session. Second, My sense of humor. A sense of humor refers to the ability to find things funny, general enjoyment in doing so, or the particular types of things one finds funny, general enjoyment in doing so, or the particular types of things one finds funny have a good, healthy sense of humor. Meaning I have the ability to laugh at myself, as well as find the irony in a lot of situations. Even when I may be stuck in a frustrating situation, I can still usually find something to laugh. For instance, if my friend give me wrong appointment when I meet them I prefer to laugh than to get angry. Third, I can eat same food day-in-day. Food is any substance consumed to provide nutritional support for an organism. Food is usually of animal or plant origin, and contains essential nutrients, such as carbohydrates, proteins, fats, vitamin, or minerals. It's important to me to eat a variety of fresh fruits and vegetables, in as many different colors as possible loaded with vitamins and minerals, eating a salad a day will also increase the level of powerful antioxidants in my blood. The basis of any salad, leafy greens, offers a huger nutritional benefit. I can eat salad for lunch, and dinner everyday. To keep my weight and my healthy I can eat salad too. Also, am passionate about my work. Being a passionate person is to be motivated by your emotions, whether they stem from anger, disgust, sadness, fear, or joy. It is something I feels strongly about at this point...

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