# Oven Cooking Guide

#### Air Fry Cooking Guide

Air Fry is a special, no-preheat, cooking mode that is designed to produce foods with a crispler exterior than traditional oven cooking. Select Air Fry, then input the desired set temperature and press Start. The temperature can be set between 300°F and 500°F.

#### Air Fry Cookware Guidelines

- Only use broil safe cookware when using Air Fry mode.
- A dark sheet pan is recommended. A dark pan promotes better browning and crisping.
- Oven baking baskets and baking grids can also be used. A sheet pan should be placed on the rack below the foods to catch any drippings when using a baking basket.



Alternate cookware options

Shirebear Recoder's

#### RECOMMENDED RECOMMENDED RECOMMENDED RACK POSITION(S) SET TEMPERATURES (F1) COOK TIME (MIN) FOOD TYPE NOTES Pinesh borseless Sub-or User lower set temperatures for larger pieces. positry pieces, breaded such 46 375-400 515-040-Use shirty cookware. an ruiggette, terriclors, fillets Salt wings or cost in a dry rub, if using sauce French begins in 4 375-400 25-40 chicken wange apply after occasing or toward the end of cooking Freight bome im chickens 375-400 30-55 Street At User lower set temperatures for larger pieces. discrealistics or thigher Paretyment paper is recommended when. Energh Energis Black preparing fresh French free. For origier free. 4 400-425 65,00 more on the investor tops free in committeeth or doe floor before CONTRACTOR. Parchment paper is recommended when Freedy Freedon Brisss. proporing fresh French tries. For orispler tries. Short 4 375-400 200-200 thick (in 56 Inchi) times friend in commissionals or now flour before depositions. Use traditional overcinot Air Fry) cooking instructions as a guideline for set temperature and cook time. Additional Thomas All Property perchapped: turns reck position 3 for cock time beyond recommended package time may be required for some foods. If over is hot when starting, food

#### General Tips for Air Fry Mode

- The Air Fry mode is designed for cooking on a single rack.
- The Air Fry mode is designed to be used without preheating.
- Rack position 4 is recommended for most foods. Use rack position 3 for thicker foods.
- Foods may cook faster than expected if the oven is already hot when food is placed in the oven.
- When air frying foods with sauce, it is recommended to apply the sauce at the end of cooking.
- If foods are browning too quickly, try a lower rack position or lower oven set temperature.
- For packaged foods, use traditional oven cooking instructions for set temperature and expected cook time.
- · It is not necessary to flip or stir food during cooking
- Arrange food in a single layer on the pan, do not overload the pan.

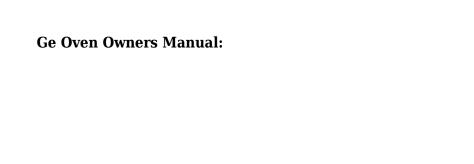
may cook faster than the minimum package time.

 Always check internal food temperature to confirm minimum safe temperatures have been reached.
Minimum safe food temperatures can be found on packages and at IsitDoneYet.gov.

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**Lauren Gardner** 



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