



"FEELINGS AND EMOTIONS"



Aurismadiva Nf - K2220020

GENERAL OVERVIEW

Grade : Kindergarten

Topic : Feelings and Emotions

Time : 45 minutes

Objectives :

- The students can recognize the feelings and emotions
- The students can identify their feelings and emotions
- The students can pronounce the feelings and emotions

Target Vocabulary: Angry, Happy, Sad, Scared, Tired, Hungry

Material and Media :

- Song about "Feelings and Emotions"
- Flashcard feelings and emotions
- Printable media
- Crayons/Colored pencils
- Laptop, speakers, and LCD projector

Warm Up

- Greetings
- Praying Together
- Recalling Prior Lesson
- Checking Attendance
- Introducing The New Material

Main Activities

- Teaching through Emotion Cards
- Playing a song about emotions
- Playing a game of emotion charades
- Doing assessment : Drawing Emotions

Wrap Up

- Asking students to share what they have learned
- Reinforcing the importance of understanding and expressing emotions
- Ending the class by singing "Sayonara"



Identifying Feelings And Emotions Lesson Plans

Tina Rae



Identifying Feelings And Emotions Lesson Plans:

Improve Every Lesson Plan with SEL Jeffrey Benson, 2021-04-21 Good lesson plans have an almost mysterious power they declare that all information can be interesting that every skill acquired broadens our potentials to make a better world and that all impassioned activity leads to learning Our best teachers have shown us over and over that life is not a struggle against boredom and compliance it is a wonder to be apprehended Every bit of SEL you can integrate into your planning will not only begin to heal the wounds of passivity racism and inequity but also give students an experience today in your classroom of that better world Jeffrey Benson draws from his 40 plus years of experience as a teacher and an administrator to provide explicit step by step guidance on how to incorporate social and emotional learning SEL into K 12 lesson planning without imposing a separate SEL curriculum The book identifies SEL skills in three broad categories skills for self interpersonal skills and skills as a community member It offers research based strategies for seamlessly integrating these skills into every section of lesson plans from introducing a topic in a way that sparks students interest to accessing prior knowledge providing direct instruction allowing time for experimentation and discovery using formative assessment and closing a lesson in a purposeful rather than haphazard manner In addition to practical advice on lesson planning that can lead to improved student motivation and achievement Benson offers inspiration urging both new and veteran teachers to seize every opportunity to develop caring joyful communities of learners whose experiences and skills can contribute to a better more equitable world both inside and outside the classroom

Lesson Planning for Skills-Based Elementary Health Education Holly Alperin, Sarah Benes, 2021 Over 180 field tested lesson plans learning activities and assessments for implementing a skills based approach in your class This resource is aligned with the National Health Education Standards and comes with a web resource that includes English and Spanish versions of the book s reproducible forms

Activities for Building Character and Social-Emotional Learning Grades PreK-K Katia S. Petersen, 2012-04-25 Build attitudes of respect and caring reduce problem behaviors empower students to solve problems and educate the whole child with this flexible user friendly activity guide The lessons literature based connections allow teachers to build in rather than add on social emotional learning SEL throughout the day Field tested in classrooms across the United States these activities when fully implemented have resulted in improved school climate greater parent engagement increased academic achievement and reduction in discipline referrals Features of the book include 100 easy to implement year round activities that integrate into the daily curriculum in all subject areas Monthly themes focused on empathy bullying prevention teamwork decision making and more Concise lesson formats Read Discuss Do Relate Discussion and writing prompts Built in assessments Digital content includes all of the book s reproducible forms

Teaching Social and Emotional Learning in Health Education Mary Connolly, 2021-06-29 Teaching Social and Emotional Learning in Health Education provides instructors with the tools they need to successfully incorporate social and emotional learning into their classrooms It aligns social and emotional learning to

standards based health education providing a clear rationale for pairing the two when planning your curriculum This valuable text trains health educators to connect the Social Emotional Learning SEL competencies to the National Health Education Standards NHES then design assessment and instruction

Academy of Learning: Your Complete Preschool Lesson Plan Resource - Volume 3 , Trauma-Informed Practices for the Classroom and Beyond Laura B. Waller,William N. Bender,2024-06-11 Find the right strategies and tools to support students who experience trauma Studies show that 46 75% of children experience trauma often resulting in challenging behavior depression and anxiety as well as long term physical and mental health issues Today s educators counselors and clinicians need the right strategies to help Written by experts with years of experience working with children and teens exposed to adverse childhood experiences ACEs Trauma Informed Practices for the Classroom and Beyond describes the most effective tools available and walks you through how to implement them with compassion and fidelity Inside you ll find Detailed and easy to implement interventions that alleviate the effects of trauma including mindfulness journaling restorative justice and more Trauma informed practices to use with all students regardless of their age or the duration or frequency of their trauma exposure Ways educators can prepare their classrooms and schools to support students who experience ACEs This how to guide and its companion website with discussion points recommended videos and additional resources equips you with evidence based techniques and instructions to support children and teens with ACEs and enhances your practice to better serve the students who need our help most

Activities for Building Character and Social-Emotional Learning Grades 3-5 Katia S. Petersen,2012-04-25 Build attitudes of respect and caring reduce problem behaviors empower students to solve problems and educate the whole child with this flexible user friendly activity guide The lessons literature based connections allow teachers to build in rather than add on social emotional learning SEL throughout the day Field tested in classrooms across the United States these activities when fully implemented have resulted in improved school climate greater parent engagement increased academic achievement and reduction in discipline referrals Features of the book include 100 easy to implement year round activities that integrate info the daily curriculum in all subject areas Monthly themes focused on empathy bullying prevention teamwork decision making and more Concise lesson formats Read Discuss Do Relate Discussion and writing prompts Built in assessments Digital content includes all of the book s reproducible forms

Developing Resilient Youth William G. Nicoll,2011-10-24 Using the most recent research findings on resilience William Nicoll PhD provides educators with a much needed conceptual framework for creating transformative schools and effective classrooms Developing Resilient Youth suggests that resilience is the missing fourth R in education When combined with reading riting and rithmetic resilience can lead to improved academic and social adjustment in our youth Developing Resilient Youth is the first book in a series designed to help teachers counselors and administrators to develop the skills and strategies necessary for creating truly transformative schools Such schools strive to develop in students both the academic and the social emotional skills necessary

to succeed and make positive contributions to society One key component in the overall process of developing transformative schools is the teaching of the five essential social emotional competencies associated with resilient youth understanding and respecting self and others empathy positive communication cooperation and responsible contribution In Developing Resilient Youth teachers will find fifty classroom learning activities designed to teach these competencies Each activity is accompanied by suggestions for follow up classroom learning activities that integrate the concepts with academic subject area instruction as well as parent homework activities so that parents and teachers can begin to collaborate in the process of developing resilient youth Working together teachers and parents will learn to effectively assist children and adolescents to become responsible cooperative caring and contributing young adults ready to succeed in our global society

Dealing with Feeling Tina Rae,2007-10-03 Includes Online Resources An ideal resource developed from research practice and teaching this book contains everything that a busy teacher needs to support the social and emotional development of her pupils The scenarios are based upon real life situations and are therefore meaningful and engaging for young people It can be used in whole class group or individual work settings either as a complete step by step teaching programme or as reference resource Dr Ruth MacConville Author Head of SENS L B of Ealing This new combined edition of the bestselling Dealing with Feeling and Dealing With More Feeling provides teachers of children aged 7 14 with structured opportunities to develop their emotional literacy and emotional well being It is firmly supported by a wealth of research which links children s mental and physical health to the development of emotional literacy In this second edition Tina Rae emphasises the development of emotional literacy skills and specifically the development of an emotional vocabulary empathy tolerance resilience and motivation The focus upon managing more complex and uncomfortable feelings is central to the programme and pupils are introduced to a variety of techniques which can be applied across a broad range of contexts Included in this exciting resource pack are 40 Lesson plans 236 full colour activity pages located on the online resources Role play activities to develop joint problem solving skills Packed with teacher friendly resources this book clearly fulfils the requirements of the PSHE curriculum and Healthy Schools agenda whilst also complimenting and building upon many of the themes in the SEAL curriculum Social and Emotional Aspects of Learning

Cognitive-Behavioral Interventions in Educational Settings Ray W. Christner,Rosemary B. Mennuti,2024-11-08 The thoroughly updated third edition of Cognitive Behavioral Interventions in Educational Settings offers readers a way to think strategically about individual students and plan for effective interventions based on the student s age developmental level and presenting problem Written in a forward thinking manner this volume presents evidence based interventions and offers both innovative and well established approaches to working with children and adolescents in a school setting The book begins by establishing foundational skills that provide updated information on CBT and a framework for working with youth and addresses timely issues such as schoolwide approaches to intervention brief care models ethnicity and race and wellness programs The second part of this volume uses CBT to explore strategies for

building relationships assessment intervention progress monitoring and more Case studies and specific techniques are provided throughout each chapter Cognitive Behavioral Interventions in Educational Settings provides a complete overview for effective practice using CBT in schools [Building Blocks for Social-Emotional Learning](#) Tracy A. Hulen,Ann-Bailey Lipsett,2022-01-03 Support the growth of your students with meaningful effective social emotional learning SEL Full of resources tools and planning templates this comprehensive guide provides everything you need to embed SEL practices within your daily work You ll engage in deep reflection and discover ways to refine instruction lesson planning and assessment promote whole child development and foster a productive learning environment for all Readers will Gain a deeper understanding of students neurological development Learn the benefits of social emotional learning Create a culture of social emotional learning across entire schools Plan and teach for social emotional learning Assess students on their social emotional progress in order to encourage continual growth Contents Introduction Why Teach Social Emotional Learning to All Chapter 1 What Is Social Emotional Learning Chapter 2 Establishing Culture Climate and the Learning Environment for SEL in Elementary Schools Chapter 3 Building a Schoolwide Foundation for SEL in Elementary School Chapter 4 Effective SEL Teaching Practices and Strategies in Elementary Schools Chapter 5 Effective SEL Lesson Planning Chapter 6 Monitoring Student Learning of SEL Appendix References and Resources Index **Teaching Students With High-Incidence Disabilities** Mary Anne Prater,2016-12-29 To ensure that all students receive quality instruction Teaching Students with High Incidence Disabilities prepares preservice teachers to teach students with learning disabilities emotional behavioral disorders intellectual disabilities attention deficit hyperactivity and high functioning autism It also serves as a reference for those who have already received formal preparation in how to teach special needs students Focusing on research based instructional strategies Mary Anne Prater gives explicit instructions and includes models throughout in the form of scripted lesson plans The book also has a broad emphasis on diversity with a section in each chapter devoted to exploring how instructional strategies can be modified to accommodate diverse exceptional students Real world classrooms are brought into focus using teacher tips embedded case studies and technology spotlights to enhance student learning **Ensouling Our Schools** Jennifer Katz,2018-06-04 In an educational milieu in which standards and accountability hold sway schools can become places of stress marginalization and isolation instead of learning communities that nurture a sense of meaning and purpose In Ensouling Our Schools author Jennifer Katz weaves together methods of creating schools that engender mental spiritual and emotional health while developing intellectual thought and critical analysis Kevin Lamoureux contributes his expertise regarding Indigenous approaches to mental and spiritual health that benefit all students and address the TRC Calls to Action **Lesson Planning with Purpose** Christy McConnell,Bradley Conrad,P. Bruce Uhrmacher,2020 This book takes readers on a journey through many pathways to engaging and meaningful educational experiences The text first discusses Perceptive Teaching and then explores five unique approaches to lesson planning behaviorist constructivist aesthetic

ecological and integrated social emotional learning Chapters end with a sample lesson that can be compared across approaches

Moral Education for Social Justice Larry Nucci, Robyn Ilten-Gee, 2021 The authors draw from their work with teachers and students to address issues of social justice through the regular curriculum and everyday school life This book illustrates an approach that integrates social justice education with contemporary research on students development of moral understandings and concerns for human welfare in order to critically address societal conventions norms and institutions The authors provide a clear roadmap for differentiating moral education from religious beliefs and offer age appropriate guidance for creating healthy school and classroom environments Demonstrating how to engage students in critical thinking and community activism the book includes proven effective lessons that promote academic learning and moral growth for the early grades through adolescence The text also incorporates recent work with social emotional learning and restorative justice to nurture students ethical awareness and disrupt the school to prison pipeline Book Features Guidance to help teachers move from classroom moral discourse to engage students in community action Age specific lesson plans developed with classroom teachers for integration with regular academic curricula Detailed overview of moral growth with examples of student reasoning Connections between moral development and critical pedagogy Connections between moral development and digital literacy Connections among classroom management school rules restorative justice and students social development Insights drawn from research conducted within the Oakland Public School system

You Can Fix the Fat from Childhood & Other Heart Disease Risks, Too Gerald Berenson, NancyKay Wessman, 2012-08-31 You Can Fix The Fat From Childhood promotes family focused comprehensive knowledge and behaviors with an eye toward preventing early disability and death from heart disease Heart disease risk factors show in early childhood Learning to adopt healthy lifestyles thats prevention Health doesnt come in a bottle and you cannot buy it in a drug store or at the supermarket You have to work at it Slim trim toned and fit desired look not easy but achievable Decide to tackle the fat prevent it control it exercise it We can fix the fat Dr Shiriki Kumanyika associate dean at University of Pennsylvania School of Medicine said on the acclaimed HBO special The weight of the nation is out of control but we can fix that

Handbook of School Violence and School Safety Shane Jimerson, Amanda Nickerson, Matthew J. Mayer, Michael J. Furlong, 2012-03-12 The Handbook of School Violence and School Safety International Research and Practice has become the premier resource for educational and mental health professionals and policymakers seeking to implement effective prevention and intervention programs that reduce school violence and promote safe and effective schools It covers the full range of school violence and safety topics from harassment and bullying to promoting safe secure and peaceful schools It also examines existing school safety programs and includes the multi disciplinary research and theories that guide them Examinations of current issues and projections of future research and practice are embedded within each chapter This volume maps the boundaries of this rapidly growing and multidisciplinary field of study Key features include Comprehensive Coverage The chapters are divided into three parts

Foundations Assessment and Measurement Prevention and Intervention Programs Together they provide a comprehensive review of what is known about the types causes and effects of school violence and the most effective intervention programs that have been developed to prevent violence and promote safe and thriving school climates Evidence based Practice Avoiding a one size fits all approach to prevention and intervention the focus throughout is on the application of evidence based practice to address factors most commonly associated with school violence and safety Implications for Practice Each chapter bridges the research to practice gap with a section delineating implications for practice of the foregoing research Chapter Structure To ensure continuity and coherence across the book each chapter begins with a brief abstract and ends with a table showing the implications for practice International Focus Acknowledging the fact that school violence and safety is a global concern this edition has increased its focus on insights learned from cross national research and practice outside the USA Expertise The editors and authors are experienced researchers teachers practitioners and leaders in the school violence field their expertise includes their breadth and depth of knowledge and experience bridging research policy and practice and representing a variety of international organizations studying school violence around the world *Teaching Social and Emotional Learning in Physical Education* Paul M Wright, Kevin Andrew Richards, 2021-06-29 *Teaching Social and Emotional Learning in Physical Education* is the ideal resource for understanding and integrating social and emotional learning SEL competencies into the structure of a physical education program alongside physical activity and skill development goals This text should be incorporated as a key resource to guide physical education teacher education courses specifically focused on social and emotional learning while also providing supplemental readings for courses related to physical education curriculum instruction assessment and or models based practice Similarly practicing physical education teachers who are interested in developing a stronger focus on SEL in their teaching will find that the book provides a comprehensive resource to guide their professional learning and practice Lesson Plan a la Carte Valerie Paradiž, 2012 Teachers clinicians and administrators are being asked more frequently than ever before to respond to students with an increasingly complex set of needs and behaviors Lesson Plan a la Carte guides educators through a simple step by step process of creating an integrated lesson plan that addresses the social environmental and communication challenges that block kids access to academics and other learning opportunities This model helps to integrate the best clinical and educational practices into a plan that speaks a common language and aligns and focuses priorities goals and strategies

Building resilience & supporting mental health in bereaved youth through sports Theo Gavrielides, This ebook presents the results of the Footsteps Forward project carried out by the RJ4All International Institute with support from the London Violence Reduction Unit of the Mayor of London It was carried out in 2024 in South East London working directly with young people aged 14 18 who were affected by loss and serious youth violence It used the RjINEAR resilience model drawn from restorative justice and positive psychology principles It aimed to test a hypothesis whereby the delivery of combined group

multi sports and therapeutic activities guided by the RjINEAR ethos will lead to improved well being and resilience outcomes for young people affected by serious youth violence and loss The project bridges an important caveat in the extant literature focusing on structured support for these youth Among the findings the project illustrated that it created a safe space for grief expressions and sports engagement Additionally a moderate correlation was observed between RjINEAR and the support received for grief To cite this ebook Gavrielides T 2024 Building resilience supporting mental health in bereaved youth through sports Findings from the Footsteps Forward project A restorative justice RjINEAR approach London RJ4All Publications ISBN 978 1 80463 062 4 DOI 10 13140 RG 2 2 15572 72322

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