# Ellis Lifeguard Practice Test Questions & Answers (2024 Latest Update 2024)

True or false: ILTP-trained lifeguards are taught to anticipate, recognize, and manage aquatic emergencies. - ANSWER True

True or false: "Standard of care" means that individual lifeguards set the standard of care they plan on providing a guest. - ANSWER False

True or false: It is optional for lifeguards to wear sunscreen and sunglasses when working outside in sunny conditions - ANSWER False

True or false: Lifeguards perform well when evaluated because they perform well at all times on duty. - ANSWER True

Which of the following behaviors present a professional image while lifeguarding?

A. Being punctual, protecting yourself from hazards, and maintaining your vigilance while on duty

B. Getting a good night's rest, working as a team player, and wearing a proper uniform

C. Having a whistle and hip pack, being properly hydrated, and being "test ready"

D. All of the above - ANSWER D.

Which of the following is specifically designed to help protect you against infectious diseases when providing emergency care?

A. Rescue tube

B. Sunglasses

C. Medical exam gloves

D. Water bottle - ANSWER C.

The 10/20 Protection standard states that as a lifeguard you have \_\_\_\_\_ seconds to identify a GiD within your Zone of Protection area and \_\_\_\_ seconds to reach and render aid to a GiD once discovered. - ANSWER 10; 20

True or false: A lifeguard should utilize a single scanning pattern and never change it. -ANSWER False

True or false: Your supervisor may interrupt your 10/20 Protection standard of scanning if needed without having someone else cover your Zone of Protection area. - ANSWER False

True or false: A lifeguard can maintain the 10/20 Protection standard over a Zone of Protection while at the same time coaching a swim team. - ANSWER False

## **Ellis Lifeguard Study Guide Answers**

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