Community Health Focus Review

Nightingale's Environment Theory:

- Emphasized prevention care.
 - Washing hands
 - Sterilizing instruments

Health Belief Model

- Assumes that preventive health behaviors are taken primarily for the purpose of avoiding disease.
- Describes the likelihood of taking an action to avoid disease based on:
 - Susceptibility, seriousness, and threat of disease
 - Modifying factors
 - Demographics
 - Knowledge level
 - Age
 - Race
 - Cues to action
 - Media
 - Disease effect on ppl
 - Recommendations from health care professionals
 - Perceived benefits minus perceived barriers to taking action

Goals of community health nursing:

- Promote, preserve, and maintain health of populations by delivery of services to individuals, families, and groups to influence community health
- Who is the client in community health nursing?
 - The community or population
- BOTH COMMUNITY ORIENTED NURSING AND COMMUNITY BASED NURSING

Public Health Nursing

- Also known as Community-Oriented Nursing
- Population focused
- Goal:
 - Promoting health
 - Preventing disease
- No illness cares
- Key Principles:
 - Emphasize primary prevention
 - Greatest good for largest number of individuals
 - Client is partner in health
 - Use resources wisely to promote best outcomes

Community-oriented Nursing:

> Focus of Care:

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Publication Catalog of the U.S. Department of Health, Education, and Welfare United States. Department of Health, Education, and Welfare, 1977 Basic Epidemiological Methods and Biostatistics Randy M. Page, Galen E. Cole, Thomas C. Timmreck, 1995 This text is an easy to understand application oriented guidebook for learning the basic principles of epidemiologic investigation Numerous opportunities are presented to apply and test learning through problems and Community Health and Wellness Anne McMurray, Jill Clendon, 2010 A socio application exercises Answers are provided ecological approach to community health and the promotion of health care across the lifespan with an increased emphasis on health literacy intervention and health promotion Health Occupations Education Instructional Materials Ohio State University. Center for Vocational and Technical Education, 1972 Research in Education ,1974 **Progress in Preventing Childhood Obesity** Institute of Medicine, Food and Nutrition Board, Committee on Progress in Preventing Childhood Obesity, 2007-02-22 The remarkable increase in the prevalence of obesity among children and youth in the United States over a relatively short timespan represents one of the defining public health challenges of the 21st century The country is beginning to recognize childhood obesity as a major public health epidemic that will incur substantial costs to the nation However the current level of investment by the public and private sectors still does not match the extent of the problem There is a substantial underinvestment of resources to adequately address the scope of this obesity crisis At this

early phase in addressing the epidemic actions have begun on a number of levels to improve the dietary patterns and to increase the physical activity levels of young people Schools corporations youth related organizations families communities foundations and government agencies are working to implement a variety of policy changes new programs and other interventions. These efforts however generally remain fragmented and small in scale Moreover the lack of systematic monitoring and evaluation of interventions have hindered the development of an evidence base to identify apply and disseminate lessons learned and to support promising efforts to prevent childhood obesity Progress in Preventing Childhood Obesity How Do We Measure Up examines the progress made by obesity prevention initiatives in the United States from 2004 to 2006 This book emphasizes a call to action for key stakeholders and sectors to commit to and demonstrate leadership in childhood obesity prevention evaluates all policies and programs monitors their progress and encourages stakeholders to widely disseminate promising practices. This book will be of interest to federal state and local government agencies educators and schools public health and health care professionals private sector companies and industry trade groups media parents and those involved in implementing community based programs and consumer advocacy

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