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Mexican Hibiscus Tea



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Jamaican Cooking Made Easy Get Jamaica. Com, 2008-02 Enjoy a Jamaican recipe for every day and season of the year Volume I of Jamaican Cooking Made Easy is the largest compilation of Jamaican recipes packed with new and flavorful dishes along with the traditional ones will put your taste buds to work enjoying every unique blend of herbs and spices Chef Trevor Blake Cooking Tutor Cayman Islands As an experienced chef of over 27 years this is the first truly authentic Jamaican recipe book that I have used I recommend it to my students and use it in lessons as it uses very simple ingredients to create masterpiece Jamaican dishes a must have for cooks and chefs all over the world Sunset .1990 Plant Powered Mexican Kate Ramos, 2021-11-23 Mexican meals have long been known for their fresh vibrant ingredients and unique flavor combinations However it's only recently that chefs and eaters alike have discovered something wonderful many Mexican recipes taste just as good or better when vegetables are the star This collection of meat free dishes includes more than 70 examples from Chilled Avocado Soup and Jackfruit Tinga Grain Bowls to Sheet Pan Chilaquiles Rojos and Winter Vegetable Enmoladas Whether you are vegan vegetarian or simply a vegetable loving cook these are the Mexican recipes you ve been The Essential New York Times Book of Cocktails Thomas Nelson, 2023-08-15 This cocktail waiting for Book jacket book features more than 350 drink recipes old and new with great writing from The New York Times Cocktail hour is once again one of America's most popular pastimes and one of our favorite ways to entertain And what better place to find the secrets of great drink making than The New York Times Steve Reddicliffe the Quiet Drink columnist for The Times brings his signature voice and expertise to this collection of delicious recipes from bartenders from everywhere especially New York City You will find treasured recipes they have enjoyed for years including classics such as Martini Old Fashioned Manhattan French 75 Negroni Reddicliffe has carefully curated this essential collection with memorable writing from famed New York Times journalists like Mark Bittman Craig Claiborne Toby Cecchini Eric Asimov Rosie Schaap Robert Simonson Melissa Clark William L Hamilton Jonathan Miles Amanda Hesser William Grimes and many more This compendium is arranged by cocktail type with engaging essays throughout Included are notes on how to set up your bar stock and run it and of course hundreds of recipes from Bloody Marys to Irish Coffees The Essential New York Times Book of Cocktails is the only volume you will ever need to entertain at home Jamaica Harry S. Pariser, 1990 Cookies & Cocktails Katherine Cobbs, 2019-10-22 Sip luscious libations and satisfy your sweet tooth with these 50 amazing recipe pairings featuring creamy cocktails and delicious desserts written by a seasoned food writer Milk and cookies are a classic There s no better culinary combination than a sweet crumbly and warm cookie colliding with a rich cool creamy liquid the extraordinary contrast of temperature texture and flavor wow and delight our senses It s no wonder that people have been dunking and drinking for decades But somehow this magical combination became associated with childhood a pairing reserved for after school snacks or Christmas Eve treats for Santa But no more A new era has begun Retro cocktails are more popular than ever hello Harvey Wallbanger

and like mad scientists bartenders everywhere are crafting cocktails that tap into milk and cookie nostalgia too If you ve ever thought a Girl Scout cookie would taste great with a boozy beverage or wished you could order Cereal Milk Punch at your local watering hole then this book is for you Cookies Cocktails features dreamy drink recipes paired with delicious cookies biscuits wafers and bars Whether you crave a cutting edge craft cocktail or a soul warming nightcap to end a cozy wintry evening you ll find a sensory surprise on every level Cheers **Beautiful Booze: Stylish Cocktails to Make at Home** Natalie Migliarini, James Stevenson, 2020-08-25 Gorgeous cocktails that taste as good as they look Shaken stirred clarified layered floral and more these stunning recipes are made for every cocktail lover Natalie Migliarini's self taught cocktail skills and James Stevenson's industry know how form the powerful partnership that is Beautiful Booze Their mixology wizardry and worldly expertise will have you twisting cocktail classics with ease from sours and tropical tipples to beverages with more unique ingredients Martinis made with butterfly pea gin anyone With vibrantly photographed recipes like the Limoncello Negroni Prickly Pear and Pineapple Clarified Margarita Lavender Fizz and more you ll be just as thrilled to show this book off as you will be to mix its drinks Juke Joints, Jazz Clubs, and Juice: A Cocktail Recipe Book Toni Tipton-Martin, 2023-11-14 JAMES BEARD AWARD NOMINEE IACP AWARD FINALIST Discover the fascinating history of Black mixology and its enduring influence on American cocktail culture through 70 rediscovered modernized or celebrated recipes by the James Beard Award winning author of Jubilee A BEST COOKBOOK OF THE YEAR The Boston Globe Los Angeles Times Food Network Good Housekeeping Garden Gun Epicurious Vice Library Journal Juke Joints Jazz Clubs and Juice spotlights the creativity hospitality and excellence of Black drinking culture with classic and modern recipes inspired by formulas found in two centuries worth of Black cookbooks From traditional tipples such as the Absinthe Frappe or the Clover Leaf Cocktail to new favorites like the Jerk Spiced Bloody Mary and the Gin and Juice 3 0 Toni Tipton Martin shares a variety of recipes that shine a light on her influences including underheralded early twentieth century icons like Tom Bullock Julian Anderson and Atholene Peyton and modern superstars such as Snoop Dogg and T Pain Drawing on her expertise research in historic cookbooks and personal collection of texts and letters Toni Tipton Martin shows how these drinks have evolved over time and shares the stories of how Black mixology came to be a culmination of generations of practice skill intelligence and Natural Woman Leslie Korn, 2019-12-17 An herbal guide to support physical mental and spiritual health for women taste and their children at all stages of life by a healer with over 40 years of experience Plant medicines are a woman's ally to achieve optimal health they bring balance and nourishment to daily life and can reduce or eliminate symptoms of physical and emotional distress They can also provide alternatives to many pharmaceuticals This go to herbal sourcebook gives women the tools to thrive throughout their lives with remedies using common herbs and plants to support a healthy body mind and spirit Dr Leslie Korn brings over forty years of experience in numerous herbal traditions and healing modalities offering timeless wisdom in this herbal companion that can be shared with friends and passed down in the family for

generations She offers treatments using common and easy to obtain herbs to address sleep disorders menstrual issues autoimmune conditions anxiety headaches and migraines stomach issues fertility issues postpartum recovery skin ailments common discomforts that affect children and much more Korn also offers herbal guidance for rites of passage moments of community psychoactive herbs and a protocol for end of life care as well as a comprehensive resources section Oxford Companion to Spirits and Cocktails Noah Rothbaum, 2021-10-14 Anthropologists and historians have confirmed the central role alcohol has played in nearly every society since the dawn of human civilization but it is only recently that it has been the subject of serious scholarly inquiry The Oxford Companion to Spirits and Cocktails is the first major reference work to cover the subject from a global perspective and provides an authoritative enlightening and entertaining overview of this third branch of the alcohol family It will stand alongside the bestselling Companions to Wine and Beer presenting an in depth exploration of the world of spirits and cocktails in a groundbreaking synthesis The Companion covers drinks processes and techniques from around the world as well as those in the US and Europe It provides clear explanations of the different ways that spirits are produced including fermentation distillation and ageing alongside a wealth of new detail on the emergence of cocktails and cocktail bars including entries on key cocktails and influential mixologists and cocktail bars With entries ranging from Manhattan and mixology to sloe gin and stills the Companion combines coverage of the range of spirit based drinks around the world with clear explanations of production processes and the history and culture of their consumption It is the ultimate guide to understanding what is in your glass The Companion is lavishly illustrated throughout and appendices include a timeline of spirits and distillation and a guide to mixing drinks Culinary Colonialism, Caribbean Cookbooks, and Recipes for National Independence Keja L. Valens, 2024-02-16 Women across the Caribbean have been writing reading and exchanging cookbooks since at least the turn of the nineteenth century These cookbooks are about much more than cooking Through cookbooks Caribbean women and a few men have shaped embedded and contested colonial and domestic orders delineated the contours of independent national cultures and transformed tastes for independence into flavors of domestic autonomy Culinary Colonialism Caribbean Cookbooks and Recipes for National Independence integrates new documents into the Caribbean archive and presents them in a rare pan Caribbean perspective The first book length consideration of Caribbean cookbooks Culinary Colonialism joins a growing body of work in Caribbean studies and food studies that considers the intersections of food writing race class gender and nationality A selection of recipes culled from the archive that Culinary Colonialism assembles allows readers to savor the confluence of culinary traditions and local specifications that connect and distinguish national cuisines in the Caribbean Vintage Spirits and Forgotten Cocktails: Prohibition Centennial Edition Ted Haigh, 2020-03-03 In this new expanded edition of Vintage Spirits and Forgotten Cocktails issued for the 100th Anniversary of National Prohibition historian expert and drink aficionado Dr Cocktail vastly widens his examination of 1920 1933 the thirteen year period when women got the Vote child labor was abolished and ironically saw the

cocktail elevated prolonged and expanded spreading this signature American drink form in tasty ripples around the world All this plus more drink recipes Nothing is so desired as the thing denied Prohibition made people want cocktails very very badly Because synthetic liquor was the easiest to make it was also the easiest to get Problematically it tasted awful and wasn t exactly good for you either Cocktails with their m lange of flavors were a made to order method for disguising the bad hooch Along with 100 rare and delicious authentic recipes gathered from old cocktail manuals and scraps of paper never published this illustrated trip down mixology lane tells the fascinating origins of the cocktail and how it evolved over time including its rising popularity during Prohibition Vintage illustrations and advertisements photos of old bottles and cocktail artifacts and fascinating Prohibition era photographs bring the tippling past back to vivid life Recipes for rare treasures like The Fogcutter Knickerbocker la Monsieur The Moscow Mule and Satan's Whiskers are each presented with Historical background on its origin and cultural context Drink Notes that provide additional information on ingredients and tips for substitutions and variations Fascinating historical ephemera from Dr Cocktail's personal collection. This homage to the great bartenders of the past and the beverages they created also profiles some of the most influential cocktail pioneers of today For anyone who enjoys an icy drink and an unforgettable tale this is a must have volume Cocktails, Cocktails, and More Cocktails Kester Thompson, 2011-10-01 From Martinis and Manhattans to sparkling Bellinis and fruity frozen daiguiris this user friendly collection of cocktail recipes will turn anyone into an outstanding bartender Arranged by spirit type and filled with enticing photographs it s the perfect introduction to the intimidating world of drink making Hundreds of fabulous concoctions are included from traditional to trendy from sophisticated to luscious tropical tastes All your favorite liquors are here vodka gin rum whisky brandy and even sparkling celebratory champagne Whip up a Bloody Mary for a special brunch or Hot Buttered Rum for a cold winter's night Sip a Mint Julep out on the porch like a true Southerner Get sexy with a Between the Sheets Grab some cacha a limes and sugar and make a Caipirinha Brazil s delicious national drink Or feel as if you re down in old Havana with a Cuba Libre or minty Mojito Plus there are plenty of punches to enliven any party Most of the recipes include several variations to try out and novices will find a wealth of basic information including tips on what to drink and when what equipment glassware and ingredients you ll need and which techniques you must know including shaking muddling building and layering There's also advice on getting everything ready and what to do when speed is of the essence When you want to learn how to mix drinks this is the beginner's guide you ll need The Encyclopedia of Herbs and Spices P N Ravindran, 2017-12-28 The Encyclopedia of Herbs and Spices provides comprehensive coverage of the taxonomy botany chemistry functional properties medicinal uses culinary uses and safety issues relating to over 250 species of herbs and spices These herbs and spices constitute an important agricultural commodity many are traded globally and are indispensable for pharmaceuticals flavouring foods and beverages and in the perfumery and cosmetic industries More recently they are increasingly being identified as having high nutraceutical potential and important value in human

healthcare This encyclopedia is an excellent resource for researchers students growers and manufacturers in the fields of horticulture agriculture botany crop sciences food science and pharmacognosy

Children and Mother Nature Rouhollah Aghasaleh, 2019-08-26 It is an old yet relevant argument that education needs to focus more on real world issues in students lives and communities Nevertheless conventional school curricula in many countries create superficial boundaries to separate natural and social worlds A call for science learning approaches that acknowledge societal standpoints accumulate that human activities are driving environmental and evolutionary change which has lead scholars to investigate how different societies respond to environmental change Children and Mother Nature is a multilingual volume that represents indigenous knowledges from various ethnic linguistic geographical and national groups of educators and students through storytelling Authors have identified indigenous stories fables and folk tales with a theme of human nature interaction and facilitated storytelling sessions with groups of students in K 8 grade 5 14 years old in Turkey Greece US Jamaica Brazil Saudi Arabia and Chinese and Korean language speaking communities in the US Students have discussed and rewritten retold the stories collaboratively and illustrated their own stories All student told stories are presented in the original language along with an English translation This volume provides authentic materials for teachers to use in their classrooms and could also be of interest to educational literary and environmental researchers to conduct comparative and international studies

Smuggler's Cove Martin Cate, Rebecca Cate, 2016-06-07 Martin and Rebecca Cate founders and owners of Smuggler's Cove the most acclaimed tiki bar of the modern era take you on a colorful journey into the lore and legend of tiki its birth as an escapist fantasy for Depression era Americans how exotic cocktails were invented stolen and re invented Hollywood starlets and scandals and tiki s modern day revival in this James Beard Award winning cocktail book Featuring more than 100 delicious recipes original and historic plus a groundbreaking new approach to understanding rum Smuggler's Cove is the magnum opus of the contemporary tiki renaissance Whether you re looking for a new favorite cocktail tips on how to trick out your home tiki grotto help stocking your bar with great rums or inspiration for your next tiki party Smuggler's Cove has everything you need to transform your world into a Polynesian Pop fantasia Make yourself a Mai Tai put your favorite exotica record on the hi fi and prepare to lose yourself in the fantastical world of tiki one of the most alluring and often misunderstood movements in American cultural history The New York Times Essential Book of Cocktails (Second Edition) Steve Reddicliffe, 2024-05-14 Top 4 Finalist for the Best New Cocktail or Bartending Book in Tales of the Cocktail Foundation s 17th Annual Spirited Awards From minimalist cocktails to classic renditions become the toast of the town who knows how to mix the perfect drink This updated edition contains more than 400 classic and contemporary craft cocktail recipes paired with exceptional writing and the authoritative voice of The New York Times Cocktail hour is one of America's most popular pastimes and a favorite way to entertain What better place to find the secrets of craft cocktails than The New York Times Steve Reddicliffe the Quiet Drink columnist for The Times brings his signature voice and expertise to this collection of

delicious recipes from bartenders from around the world with a special emphasis on New York City This informative guide includes Classics such as the Martini Manhattan Old Fashioned and Negroni served both straight up and with modern twists New imaginative favorites inspired by the craft distilling boom Auxiliary recipes for signature ingredients including brandied cherries and brown butter bourbon plus recipes for cordials shrubs bitters and more New chapters on non alcoholic drinks bourbon cocktails and vermouth cocktails A complete guide to home entertaining setting up your personal bar and how to build your own cocktail encyclopedia Engaging essays from the biggest names in cocktail writing Original interviews with ten bartenders and spirits professionals including Ivy Mix of Leyenda in Brooklyn Sother Teague of Amor y Amargo in Manhattan and Victoria Eady Butler master blender of Uncle Nearest bourbon Reddicliffe has carefully curated this essential collection with memorable writing from famed New York Times journalists like Craig Claiborne Toby Cecchini Eric Asimov Rosie Schaap Robert Simonson Melissa Clark William L Hamilton Jonathan Miles Amanda Hesser William Grimes and many more Discover over 400 recipes and the wit and wisdom of decades of this venerable paper s best cocktail coverage This revised edition makes a great gift for Father's Day Graduation Housewarming parties for host or hostess Wedding registry for newlyweds with a love for cocktails The Tree Dispensary Christina Stapley, 2021-11-25 An exploration of the history folklore and medicinal uses of thirty exotic trees beautifully illustrated with the author's own photographs From Cacao to Eucalyptus and Almond through to Frankincense Christina Stapley takes us on a journey through North America Oman the Mediterranean China and the Caribbean The Tree Dispensary reflects a deep and thorough appreciation for trees the author has studied them for many years as a herb historian and practising herbalist Of the trees mentioned in the book she has experience of growing around a third of them herself including several from China and has travelled around the world to study the rest The book is categorised into geographical areas and looks at the trees which grow in each location Each of the thirty chapters looks at a different and unique tree along with its cultivation cookery foraging history botany medicinal use and mythology While she was travelling Christina encountered connections between the trees and cultures in which they grew and this provides a rich and moving historical thread throughout the book The Tree Dispensary Exotic Trees is the companion volume to Stapley's previous work which explored the history herbalism and uses of native European trees

Latine Herbalism Iosellev Castañeda, 2025-04-29 Delve into the healing traditions of Latine folk herbalism and modern curanderismo with this all in one guidebook offering a fusion of time honoured and contemporary practices Latine Herbalism details the medicinal power of herbs and plants their origins and their most common uses while also exploring the folk traditions from sacred locations in the US Mexico and South America This book even goes one step further helping you navigate through the most common afflictions of body and mind from digestive issues to stress management and beyond with remedios y rituales such as breath vibrations heart vibrations spirit of the flowers moon energy and more Authored by a passionate advocate and practitioner this book explores and honours the nuanced realms of curanderismo and Latine

Cocktails Jennifer Trainer Thompson, 2013-06-25 With Jennifer Trainer Thompson s CARIBBEAN COCKTAILS escape to an island paradise is just an ice cube s throw away You ll find yourself in libation nirvana with this thirst quenching collection of over 60 delicious cocktail recipes including Mojitos and Le ti Punch tangy tequila quenchers and refreshing non alcoholic concoctions Pair your tasty tonics with tropical appetizers such as Papaya and Lobster Salad or Caribbean Samosas with Coconut and Ginger Mojo and you ll soon be sailing the seas of your next great island holiday With recommendations for purchasing mixers and practical advice on equipment and glasses Sixty recipes for classic and contemporary cocktails like the Tortuga Gingerita and Sticky Wicket and 25 appetizer recipes guaranteed to heat up your next party Reviews Create your own fantasy island Kansas City Star Relax with her breezy style of writing fun drinks appetizer recipes and tempting photographs Chicago Sun Times

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