Vegan Multigrain Sandwich Bread

Nutrition Facts

FEBRUARY

Serving Size: 1 slice (38g) Servings Per Container: 18

| Servings Per Container: | 18 |
|---------------------------|----------------------|
| Amount Per Serving | |
| Calories 80 | Calories from Fat 20 |
| | % Daily Value* |
| Total Fat 2g | 3% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol Omg | 0% |
| Sodium 70mg | 3% |
| Potassium 70mg | 2% |
| Total Carbohydrate | 11g 4 % |
| Dietary Fiber 2g | 8% |
| Sugars 1g | |
| Protein 4g | 8 % |
| Vitamin A 0% - | Vitamin C 0% |
| Calcium 2% - | Iron 6% |
| | |

| Vitamin A 0% | | Vitamin C 0% |
|----------------------------|---------------|------------------------------|
| Calcium 2% | | Iron 6% |
| Vitamin D 2% | - | Thiamin 4% |
| Riboflavin 4% | 55- | Niacin 2% |
| Folate 2% | - | Vitamin B12 2% |
| Phosphorus 2% | == | Magnesium 2% |
| * Percent Daily Values are | - basement or | n a 2,000 calorie diet. Your |

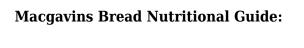
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2 000 2 500

| | ALCOHOLD BUILDING | Carlot Control Control | MET TOWNS OF THE PROPERTY OF |
|--------------------|-------------------|--|------------------------------|
| Total Fat | Less than | 6-5-g | 840 gr |
| Sat Fat | Less than: | 20g | 25g |
| Cholesterol | Less than | 390909mmgs | 300mg |
| Sodium | Less than | 22,44000mng | 21,44-040 mmgl |
| Potassium | Less than | 3,500mg | 3.500 mg |
| Total Carbohydrate | | 33000000000000000000000000000000000000 | 375g |
| Dietary Fiber | | | 309 |
| Protein | | 5/0 ₉ | 65g |

Macgavins Bread Nutritional Guide

F Rizvi



Adopting the Tune of Appearance: An Mental Symphony within Macgavins Bread Nutritional Guide

In a world consumed by displays and the ceaseless chatter of quick interaction, the melodic beauty and psychological symphony produced by the published word usually diminish in to the back ground, eclipsed by the persistent sound and interruptions that permeate our lives. However, set within the pages of **Macgavins Bread Nutritional Guide** a stunning fictional treasure filled with natural emotions, lies an immersive symphony waiting to be embraced. Crafted by a masterful composer of language, that charming masterpiece conducts visitors on a psychological trip, skillfully unraveling the hidden songs and profound impact resonating within each cautiously constructed phrase. Within the depths with this touching assessment, we can explore the book is central harmonies, analyze its enthralling publishing fashion, and surrender ourselves to the profound resonance that echoes in the depths of readers souls.

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