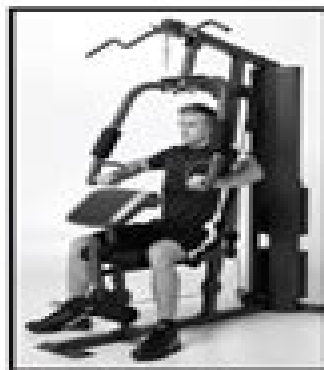




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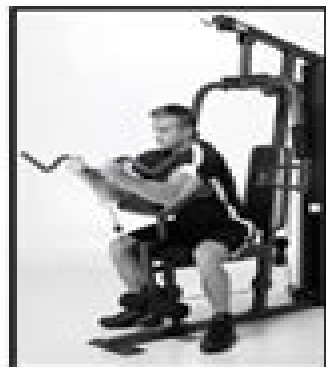
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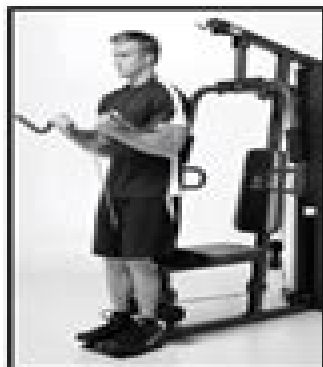
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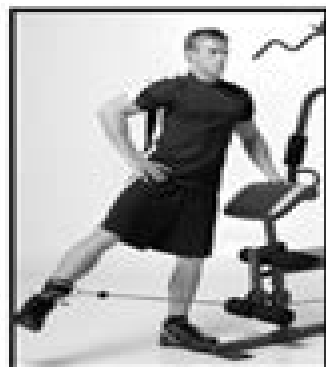
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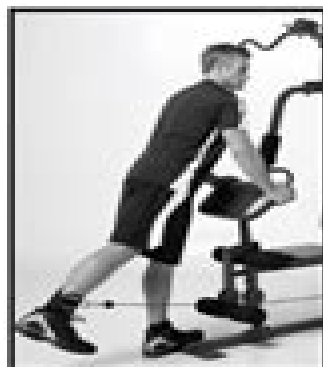
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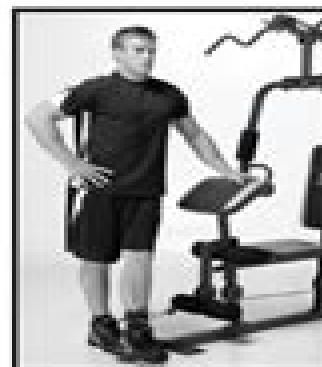
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LEG KICK BACK
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Multi Home Gym Exercise Manual

Xiaolong Qi

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Exercise Management Guide Dr. Rajiv Sharma,2005

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