

PREMATURE OVARIAN DESTRUCTION • EARLY PUBERTY • FATIGUE
PCOS • ENDOMETRIOSIS • INFERTILITY • PMS • INSOMNIA
LOSS OF LIBIDO • BURNING • ALLERGIES • PANIC ATTACKS
DEPRESSION • HEADACHES • HEART FLUTTERS • WEIGHT GAIN
ACNE • HAIR LOSS • EXCESS BODY HAIR • PAINFUL PERIODS

Revised and Updated

It's My- Ovaries, Stupid!



Includes a self-test

Find out what you can do about lifestyle factors, dietary and environmental toxins...
and doctors that sabotage your **hormones** and **fertility**.

ELIZABETH LEE VLIET, MD

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Its My Ovaries Stupid

Karin Nielsen-Saines



Its My Ovaries Stupid:

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