

Historical Investigation Report

Introduction

If there is one thing Ancient Greece is well-known for, that would be its religion or mythology. The Ancient Greek religion was polytheistic and consists of 12 major gods, whom the Greeks believed to control most aspects of daily life. For the ancient Greeks, religion was personal and direct in areas of their life. Unlike a lot of other religions, the ancient Greeks didn't have any works of 'scripture' nor did they have a priestly caste. In ancient Greece, each city had its local deities, religious customs, myths, etc. This is because ancient Greece was made up of hundreds of independent city-states which were mainly separated because of the geography. Ancient Greece was partially unified by their shared religion and language as well as their love for festivals and athletics.

Although the exact origins of the ancient Greek religion have been lost over time, it is believed, that the origins of the religion resulted from the fusion of Aryan invaders from the 2nd millennium BCE with the Pelasgians and Minoan religions to make what today is the 'Greek religion'.

What were some festivals and rites commonly practiced?

The Panhellenic Games were four recurring sporting festivals that took place within a four-year cycle called an 'Olympiad'. The aim of the Panhellenic Games was to not only achieve personal prestige but to honour the relevant god. The games took place in their respective sanctuaries and animals were sacrificed before the games began. The sporting festivals were also an integral way of maintaining and asserting Greek identity. These four festivals were: the Olympic Games, the Nemean Games, the Isthmian Games, and the Pythian Games. Each of these Games started with processions to the Temples where they would have "animal sacrifices accompanied by prayers, libations of wine, water, milk, oil, or honey, and burning of incense and special sacrificial cakes." (Graf, 2016, p. 2) After that, the official Games began with their athletic and music contests.

The Olympic Games began in 776 BCE and were held in honour of Zeus. The Olympic Games were so popular, that in the month before the Olympics a time of truce (ekecheiria) was observed throughout Greece. This meant that anyone who wanted to participate or watch the games could safely travel there. Taking place in Olympia, the festival was held on a site that had a Temple of Zeus, a Temple of Hera, a stadium, and numerous other buildings. There was a wide range of events including running, wrestling, boxing, and chariot racing. The only way women could compete was if they owned a chariot for racing and even then, this was uncommon. Winners of the Olympics received an olive wreath and occasionally a statue in their home city.

The Pythian Games originated in the 6th century BCE and took place in Delphi in honour of the god Apollo who killed the Python, a mythical serpent. The festival initially began as a single contest of citharis, a hymn to Apollo, but then over the years more musical, artistic, dance, and athletic events

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