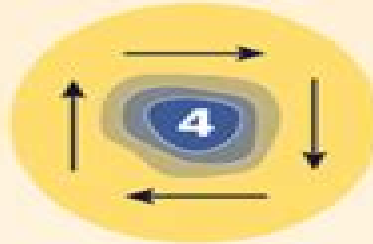


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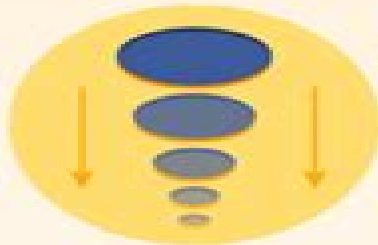
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breathing**



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meditation**



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Meditation Power A Practical Guide To Meditation Practice

Thomas Becks



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