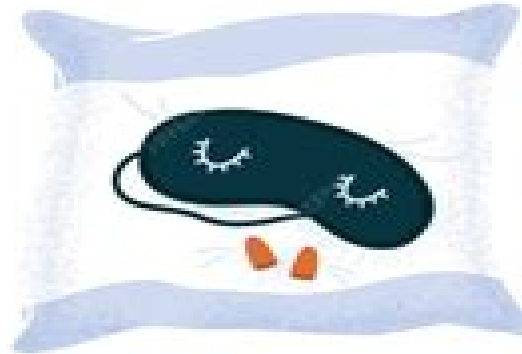


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Good Sleep Is Essential What Is Sleep Hygiene

Ying-Ying Zheng



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