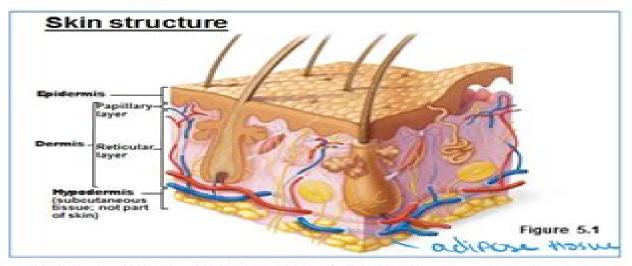
# Handout: The Integumentary System Anatomy & Physiology I – Instructors

- The Integumentary System
  - The 'skin'
  - Also called integument meaning 'covering'
  - About 7% of total body weight in average adult
  - Varies in thickness from 1.5mm to 4.0mm or greater in some areas
- Skin (Integument)
  - Consists of two distinct regions
    - epidermis.
      - Superficial region
      - Epithelial tissue
    - denmis
      - Underlies epidermis.
      - Mostly fibrous connective tissue



Elaine N. Marieb and Katia Hoehn; HUMAN ANATOMY & PHYSIOLOGY, Ninth Edition; Pearson Education, Inc.; Boston, 2013.

- Hypodermis
  - Also called
    - subcutaneous layer
    - superficial fascia
    - Directly below the dermis and serves to connect the skin to the underlying fibrous tissue
  - Not part of skin but shares some functions
  - Consists mostly of adipose tissue and connective tissue, that absorbs shock & insulates
  - Thickens when a person gains weight

a dipose & to

below durings

SKIN

# **Integumentary System Study Guide**

Nadia R. Singh

#### **Integumentary System Study Guide:**

Study Guide for The Anatomy and Physiology Learning System Edith Applegate, 2010-03-30 Designed to accompany The Anatomy and Physiology Learning System 4th Edition by Edith Applegate this study guide helps you learn and review basic A P concepts Each chapter emphasizes medical terminology with a set of key terms word parts clinical terms and abbreviations and then adds a variety of fun filled learning exercises review questions a quiz and a word puzzle The study quide corresponds to the textbook chapter for chapter Chapter learning objectives help you focus on the most important material Key concepts are defined on the first page of each chapter in the workbook Learning exercises for each chapter include short answer matching and diagrams to label and color Self quizzes allow you to measure your progress and understanding Fun and Games features end each chapter with a variety of engaging puzzles covering words and concepts A chapter summary provides a brief review of each chapter A chapter review provides questions for reinforcement and review of the concepts in each chapter Study Guide for Introduction to Human Anatomy and Physiology - E-Book - Revised Reprints Lois A Ball, 2016-11-15 Study Guide for Introduction to Human Anatomy and Physiology E Book Revised Reprints **Study Guide** for The Human Body in Health & Disease - E-Book Kevin T. Patton, Linda Swisher, Gary A. Thibodeau, 2017-01-06 Reinforce your understanding of the concepts in Patton's The Human Body in Health Disease 7th Edition Corresponding to the chapters in the text this study guide reviews essential medical terminology concepts and processes related to anatomy and physiology and explains how our body systems function in health and disease Each chapter begins with a quick synopsis of the key points in the textbook chapter A variety of exercises make it easy to review and apply key concepts and labeling of anatomy drawings helps you learn anatomical terms and structures Know your Medical Terms feature helps you understand A P by familiarizing you with the various word parts used in medical terminology and reinforces the Language of Medicine word lists in The Human Body in Health Disease A comprehensive review ensures that you understand the textbook s core concepts and essential content Application questions promote critical thinking asking you to apply textbook information to the real world Diagrams labeling exercises and coloring exercises reinforce your understanding of the location of body structures Matching and fill in the blank exercises aid in understanding anatomy and physiology concepts Crossword puzzles and word finds help you master new vocabulary terms Study tips in the preface offer insight into the most effective methods for learning and retaining information Answers to exercises are located at the end of the study guide along with convenient textbook page references UPDATED content and activities correspond with changes to Patton's The Human Body in Health Disease 7th Edition text NEW Five new questions are added to each chapter NEW Illustrations are revised to reflect changes **NURSING: The Ultimate Study Guide** Nadia R. Singh, 2011-11-17 Print CourseSmart in the main text Study Guide for Today's Medical Assistant - E-Book Kathy Bonewit-West, Sue Hunt, Edith Applegate, 2014-07-30 Use this study tool to master the content from your Today s Medical Assistant Clinical Administrative Procedures 2nd Edition textbook

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