

MANUAL HANDLING ASSESSMENT FORM

Ref No: _____ Task: _____

Questions To Consider (If the answer to a question is YES, place a tick against it, then consider level of risk)			Level of Risk			Possible Remedial Action (Make rough notes in this column in preparation for completing M Handling Controls Form)
	No	Yes	L	M	H	
The Tasks - do they involve:						
• holding loads away from the trunk?						
• twisting?						
• stooping?						
• reaching upwards?						
• large vertical movements?						
• long carrying distances?						
• strenuous pushing or pulling?						
• unpredictable movement of loads?						
• repetitive handling?						
• insufficient rest or recovery?						
• a workrate imposed by a process?						
The Loads - are they:						
• heavy?						
• bulky/unwieldy?						
• difficult to grasp?						
• unstable /unpredictable?						
• intrinsically harmful (e.g. sharp/hot)?						
The Working Environment - are there:						
• constraints on posture?						
• poor floors						
• variations in levels?						
• hot/cold/humid conditions?						
• strong air currents						
• poor lighting conditions?						
Individual Capability - does the job:						
• require unusual capability?						
• hazard those with a health problem?						
• hazard those who are pregnant?						
• call for special information/training?						
Other Factors:						
• Is movement or posture hindered by clothing or personal protective equipment?						
Deciding the level of risk requires a qualitative judgement. When completed, attach this worksheet to the Manual Handling Controls Form (F009B).						

Name of Assessor(s): _____

Area/Location: _____

Date: _____

Review Date: _____

Manual Handling Assessment Form

S Ben Porath



Manual Handling Assessment Form:

Whispering the Techniques of Language: An Mental Journey through **Manual Handling Assessment Form**

In a digitally-driven earth where screens reign supreme and instant transmission drowns out the subtleties of language, the profound strategies and mental subtleties hidden within phrases usually go unheard. Yet, nestled within the pages of **Manual Handling Assessment Form** a fascinating literary prize pulsing with organic emotions, lies a fantastic journey waiting to be undertaken. Penned by an experienced wordsmith, this marvelous opus invites readers on an introspective journey, softly unraveling the veiled truths and profound impact resonating within the very fabric of each word. Within the mental depths of this emotional evaluation, we will embark upon a sincere exploration of the book's primary styles, dissect its captivating publishing fashion, and succumb to the strong resonance it evokes heavy within the recesses of readers' hearts.

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