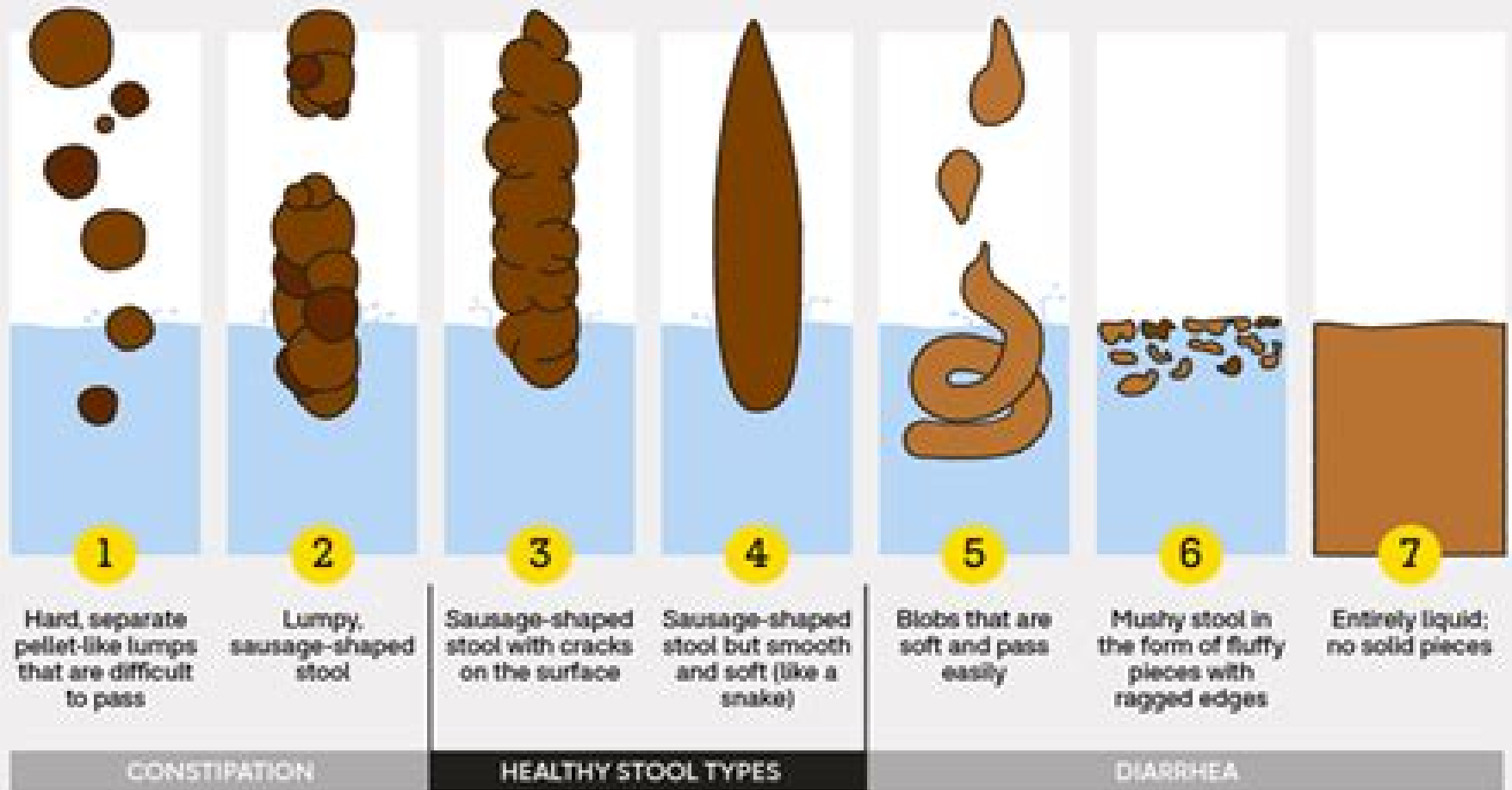


Score Your Poop

Bristol Stool Chart



* Everyone has different bowel habits. And stools can be different once in a while. If your stools are too hard or too loose on a regular basis, let your healthcare provider know.

How Often Should You Poop

Jamie Glowacki



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