

First Day Jitters

Julie Danneberg

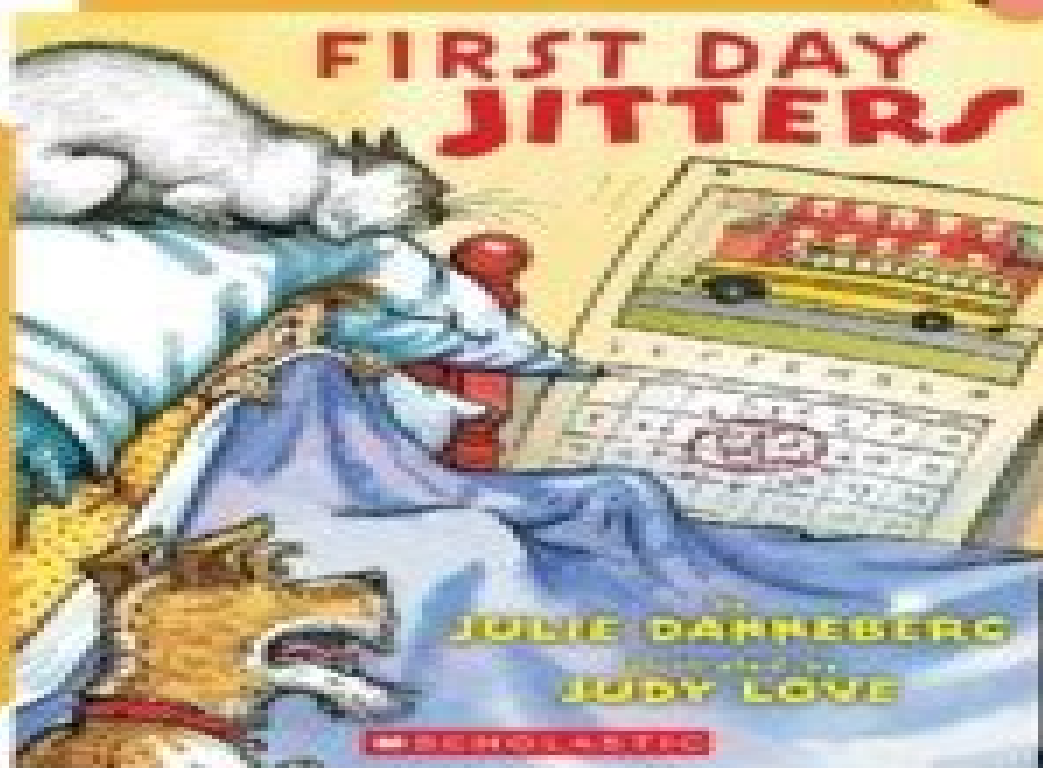
Judy Love

GRADES: 1-6

LESSON DURATION: 2-2.5
hours

MATERIALS: copy of text,
copies of extension
activities, chart paper,
markers, glue, writing
utensils, scissors

LEARNING TARGETS:
diagnostic writing
assessment, shared
writing, independent
writing



Pre-Reading Prompts

- How do you feel on the first day of school?
- How do your back-to-school feelings change over the years?
- How do you think your teacher feels about going back to school?

First Day Jitters Lesson Plans

Julie Riddle



First Day Jitters Lesson Plans:

First Day Jitters Julie Danneberg, 2000-02-01 THE BESTSELLING KIDS PICTURE BOOK Calm first day of school anxiety with this classic back to school book that reminds students K 3 that everyone gets the jitters Includes a Certificate of Courage for First Day Completion and a First Day Memories Sheet Ink and watercolor illustrations and a funny and insightful story make this a teacher approved classroom read aloud Booklist Sarah Jane Hartwell has that sinking feeling in the pit of her stomach she s nervous and doesn t want to start a new school year She doesn t know anybody and nobody knows her It will be awful She just knows it With a little convincing from Mr Hartwell Sarah Jane reluctantly heads to class Shy at first she s quickly befriended by Mrs Burton and is reminded that everyone at school gets the jitters sometimes A beloved and bestselling back to school picture book Sarah Jane s relatable story and surprise ending will delight kindergarteners 1st 2nd and 3rd graders who are anxious about their first day of school *Beyond First Day Jitters* Claire Donnelly, 2025-09-08 Does the thought of stepping into your classroom fill you with a knot of worry You re not alone Every new teacher feels the weight of responsibility wondering if students will listen how to handle disruption and whether they can create a safe and inspiring learning space *Beyond First Day Jitters* is your roadmap to transforming anxiety into confidence This practical and compassionate guide shows you how to build a thriving classroom where students feel safe respected and motivated to learn Inside you will discover The root causes of new teacher anxiety and strategies to overcome them The five pillars of effective classroom management How to build trust and align expectations with students parents and community Proactive strategies and tiered support models to prevent misbehavior Engaging instructional techniques that keep students involved and reduce disruptions Time management and self care routines to prevent burnout Ways to use reflection and data to continuously improve your teaching Drawing from real classroom insights Eleanor Vance equips you with the tools to turn first day jitters into lasting joy This is not about strict discipline it s about creating a supportive inspiring learning environment for both teacher and students It s time to trade anxiety for empowerment and step confidently into the classroom you ve always dreamed of **Your First Year of Teaching: A Comprehensive Guide for Success** Pasquale De Marco, 2025-05-04 Your First Year of Teaching A Comprehensive Guide for Success is an indispensable guide for aspiring and novice teachers providing a wealth of practical strategies insights and inspiration to help them navigate the challenges and maximize the rewards of teaching This comprehensive resource covers all aspects of a teacher s first year from establishing a positive classroom culture and setting clear expectations to managing classroom behavior and assessing student learning With a focus on real world application the book offers evidence based strategies that have been proven to improve student outcomes and enhance the teaching experience Through engaging anecdotes and relatable examples Your First Year of Teaching A Comprehensive Guide for Success provides a behind the scenes look at the highs and lows of teaching offering encouragement and support to new educators as they navigate the complexities of their profession The book emphasizes the

importance of self reflection and continuous improvement empowering teachers to become lifelong learners and advocates for their students Written by an experienced educator with a deep understanding of the challenges and rewards of teaching Your First Year of Teaching A Comprehensive Guide for Success is an invaluable resource for preservice teachers first year teachers and anyone seeking to enhance their teaching practice With its comprehensive coverage practical guidance and inspiring insights Your First Year of Teaching A Comprehensive Guide for Success is the ultimate companion for educators embarking on their teaching journey It is a book that will be referred to time and time again throughout a teacher s career providing a wealth of knowledge and support every step of the way If you like this book write a review on google books

Cool Story Programs for the School-Age Crowd Rob Reid, 2004-08-02 Offers eighteen offbeat literary programs featuring creepy dirty and stinky stories that will appeal to young readers **The First-Year Teacher's Survival Guide** Michelle Cummings, Julia G. Thompson, 2024-03-26 The quick comprehensive and accessible guide that new educators need to make it through the first year and thrive in the profession The First Year Teacher s Survival Guide provides valuable strategies activities and tools you need to succeed in the classroom Now in its fifth edition this book meets the needs of today s K 12 teachers updated with the latest tools techniques and topics that aren t addressed in teacher education programs Inside you will find practical information on classroom management professional growth trauma informed practices student engagement social emotional learning and more You ll also get an essential introduction to teaching and learning in an AI enabled world as well as maximizing the use of digital tools devices and apps With downloadable forms templates and additional resources available online this book truly supports you as you enter the challenging and rewarding profession of education Get ideas for communicating with concerned parents and caregivers Learn tips for maintaining a comfortable work life balance and prioritizing self care Help your students succeed with tech integration and personalized instruction Maintain a calm safe classroom with classroom management techniques apps and restorative practices Discover proven strategies for creating a positive classroom environment and supportive relationships with students This must have guide is filled with the information and tips new K 12 teachers need to face classroom challenges with confidence and thrive in the profession [How to Be Successful in Your First Year of Teaching Middle School](#) Mary Ellen Griffith, Anne B. Kocsis, 2011 Middle school the formative years in which students reach puberty and start the massive life changing alterations that will determine who they are is one of the hardest times for any new teacher to start their career Problem students can become harder to deal with and those who are not prepared often don t make it through their first year without a little help This book has been written to help every teacher who is dreading rather than looking forward to that first day in front of their new classes This heavily researched detailed book will help first year middle school teachers learn how to deal with supplies planning parents overcrowded classrooms the requirements of the No Child Left Behind Act piles of paperwork money shortages due to budget cuts negativity from pubescent students and other staff members at risk students students who are capable but choose not to

work and special needs students You will learn how to ask principals and administrators for help how to memorize names quickly how to create seating charts how to write lesson plans how to follow a daily routine how to help struggling readers how to gain respect how to get a mentor how to develop and implement a grading system how to discipline students who feel they are more mature than they are how to create assessments how to find free things for teachers and how to build your confidence The most important thing of all you will learn how to deal with the rapidly changing emotions and hormones of new teenagers and middle school age students In addition you will read about where to go for support the reality of spending your own money on classroom supplies mandated tests technology solutions and behavior management skills We spent countless hours interviewing second year middle school teachers as well as veteran teachers and have gathered and presented their advice for how to deal with the first year in teaching at a middle school With this book in hand you will not only survive you will feel empowered to go on after your first year and become a powerful motivating force for scores of young people for years to come Atlantic Publishing is a small independent publishing company based in Ocala Florida Founded over twenty years ago in the company president s garage Atlantic Publishing has grown to become a renowned resource for non fiction books Today over 450 titles are in print covering subjects such as small business healthy living management finance careers and real estate Atlantic Publishing prides itself on producing award winning high quality manuals that give readers up to date pertinent information real world examples and case studies with expert advice Every book has resources contact information and web sites of the products or companies discussed

The Novice Teacher's Manual: A Journey to Success in the Classroom Pasquale De Marco, The Novice Teacher s Manual A Journey to Success in the Classroom is an indispensable guide for all novice teachers providing a comprehensive roadmap for success in the classroom With a focus on practical strategies and actionable advice this book empowers teachers to make a positive impact on their students lives from day one Divided into ten chapters each covering a crucial aspect of teaching The Novice Teacher s Manual A Journey to Success in the Classroom delves into the intricacies of lesson planning classroom management behavior management communication with parents and guardians and assessment techniques It also offers valuable insights into differentiating instruction motivating students and creating a positive learning environment For beginning teachers The Novice Teacher s Manual A Journey to Success in the Classroom is an invaluable resource providing a solid foundation for a successful teaching career Seasoned teachers will also find this book beneficial offering fresh perspectives and innovative approaches to enhance their teaching practices With its engaging writing style and abundance of real world examples The Novice Teacher s Manual A Journey to Success in the Classroom makes complex educational concepts easy to understand and implement Aspiring teachers will gain the confidence and competence they need to thrive in the classroom while experienced teachers will find inspiration and practical tips to elevate their teaching to new heights The Novice Teacher s Manual A Journey to Success in the Classroom is more than just a guide it s a supportive companion offering encouragement

and guidance every step of the way This book will help teachers navigate the challenges of the profession and celebrate the triumphs ensuring that they find joy and fulfillment in their chosen career Whether you re a novice teacher just starting out or an experienced educator looking to refine your skills **The Novice Teacher s Manual A Journey to Success in the Classroom** is the ultimate resource for creating a classroom where every student can thrive **Developing Voice Through the Language Arts** Kathryn Henn-Reinke,Geralyn A. Chesner,2007 Let every voice be heard **Developing Voice Through the Language Arts** shows prospective teachers how to use the language arts to connect diverse students to the world around them and help them develop their own literate voices This book considers the integrated nature of the primary language arts reading writing listening speaking viewing and visually representing Authors Kathryn Henn Reinke and Geralyn A Chesner encourage preservice and inservice teachers to take a reflective balanced approach in preparing to teach language arts **The Spirit of Cassious House** Linda Key,2017-06-16 Six weeks have passed since the beginning of an adventurous and dangerous start at Kelton University With all the students now settled into the class and enjoying the study group Alyssia Franklin Jenkins is enjoying her new life in Kelton Heights Living near a haunted house is proving to be rather satisfying as spirited Prince Timothylover guardian and anchorwatches over her with all the other spirits But lurking in the house are secrets that must be uncovered before the first full moon of the spring her conference presentation in May and before George Thackeray and his goons do some serious damage Two worlds will collide and will work together to save the past and preserve the future as surprises and rewards await the victors **The First-Year Teacher's Survival Guide** Julia G. Thompson,2013-06-20 Thoroughly revised edition of the bestselling resource for new teachers complete with discussion questions downloadable handouts and a staff development guide This award winning book gives beginning educators everything they need to survive and thrive in the classroom The third edition covers new material including working as a part of a professional learning community PLC teaching media literacy and social responsibility incorporating Common Core State Standards handling homework push back from parents changes in classroom technology techniques for motivating students seeking feedback and much more A fully revised edition of a trusted resource offering solutions to challenges and typical scenarios encountered by new teachers Bonus CD features downloadable versions of the book s checklists forms worksheets and self assessments Includes Discussion Questions and a handy training guide for Professional Development providers This popular resource offers teachers an essential guide for knowing what to expect when they begin their career and ideas for solving classroom problems **Wolf Hood 2** Darlene Berger,2013-12-26 **Wolf Hood Part 2 A Return to the Hood** is the 2nd installment to the trilogy **Wolf Hood 2** continues with even more short stories following the lives of werewolves in New York City **Wolf Hood 2 A Return to the Hood** Darlene Berger,2013-12-27 **Wolf Hood 2 A Return to the Hood** is the 2nd installment in the **Wolf Hood Trilogy** **Wolf Hood** is a series of short stories about werewolves living throughout New York City The suspenseful chapters of **Wolf Hood** will excite your senses In **Wolf Hood 2** the full moon may be the least of these

characters problems as they deal with some serious social issues In Wolf Hood 2 you are introduced to a new cast of players along with a previous character named Adam in the continuation of Never Forgotten The Middle School Classroom Angela Vaughn Averitt,2008 Middle school is the Rodney Dangerfield of the education system it gets no respect We ve all heard disparaging comments about it in fact we ve all lived through it and most of us would probably never choose to go back to that point in time But some people actually choose to teach middle schoolers while others are assigned that level when they enter the profession Now there s a manual to help middle school teachers especially those just beginning their careers First time author Averitt writes from experience she s been an educator since 1997 here offering a step by step guide that deals with all areas of teaching from organizing the classroom to establishing order to gaining students respect Perhaps too basic for some in the profession this work could be a godsend to others Recommended for both academic and public libraries Terry Christner Library Journal The Solace of Stones Julie Riddle,2016-04-01 Everything changes when Julie Riddle s parents stumble across the wilderness survival guide How to Live in the Woods on Pennies a Day In 1977 when Riddle is seven years old she and her family fed up with the challenges of city life move to the foot of the Cabinet Mountains Wilderness in northwestern Montana For three years they live in the primitive basement of the log house they are building by hand in the harsh remote Montana woods Meanwhile haunted by the repressed memory of childhood sexual abuse Riddle struggles to come to terms with the dark shadows that plague her amid entrenched cultural and gender mores enforced by enduring myths of the West As Riddle grapples with her own painful secrets she discovers the world around her and its impact on people the demands of living in a rural mountain community dependent on boom and bust mining and logging industries the health and environmental crises of the W R Grace asbestos contamination and EPA cleanup and the healing beauty of the Montana wild More than simply a memoir about family and place The Solace of Stones explores Riddle s coming of age and the complexities of memory loss and identity borne by a family homesteading in the modern West

Genesis Jordan Roberts,2023-08-23 Jordan is the model Baptist kid following in his parents footsteps by living the word of Christ As he nears adolescence a growing understanding of sin coincides with an undeniable pattern of same sex attraction Jordan finds himself the perfect Christian teen grappling with the most abominable of transgressions After various attempts to suppress his feelings Jordan comes to grips with being gay but he finds himself alone feeling the pain of not being accepted as his true self Depressed and broken Jordan ventures to Chicago to build a life and explore his identity But a war rages within him that pushes him to the edge In the aftermath of a near tragedy Jordan knows he must find a new path of healing and it is one of reconciliation and an understanding that none of us are made in error Genesis a harrowing memoir by Jordan Roberts reveals the traumas and trials of being gay within the church and his realization that no one is outside of God s love **Activities for Building Character and Social-Emotional Learning Grades PreK-K** Katia S.

Petersen,2012-04-25 Build attitudes of respect and caring reduce problem behaviors empower students to solve problems

and educate the whole child with this flexible user friendly activity guide The lessons literature based connections allow teachers to build in rather than add on social emotional learning SEL throughout the day Field tested in classrooms across the United States these activities when fully implemented have resulted in improved school climate greater parent engagement increased academic achievement and reduction in discipline referrals Features of the book include 100 easy to implement year round activities that integrate into the daily curriculum in all subject areas Monthly themes focused on empathy bullying prevention teamwork decision making and more Concise lesson formats Read Discuss Do Relate Discussion and writing prompts Built in assessments Digital content includes all of the book's reproducible forms

Teach to Work Patty Alper, 2017-03-27 The United States is abundantly rich in adults with know how By connecting mentors educated adults with expertise and knowledge with mentees teens and young adults who lack motivation experience and role models in their lives we can begin to close this gap dramatically We can prepare the next generation for the jobs of tomorrow by adding real world project based experience to their education Teach to Work is a call to action for mentors currently sitting on the sidelines Whether you are a banker lawyer architect accountant engineer IT specialist or artist you have the experience and skillset to become an ambassador of talent grit and transferable skills The book provides a step by step guide to help professionals share their knowledge with the next generation of workers through this intergenerational experience Based on Alper's fifteen years of mentoring inner city high school students Teach to Work proves how corporations professionals and boomers can have a significant impact on the professional future of America's youth Drawing from real life stories and letters received from students teachers and fellow mentors describing pride of accomplishment Alper helps professionals embark on this journey to transform lives mentoring one student at a time

First Year Teacher's Survival Guide Julia G. Thompson, 2012-06-14 The best selling First Year Teacher's Survival Kit gives new teachers a wide variety of tested strategies activities and tools for creating a positive and dynamic learning environment while meeting the challenges of each school day Packed with valuable tips the book helps new teachers with everything from becoming effective team players and connecting with students to handling behavior problems and working within diverse classrooms The new edition is fully revised and updated to cover changes in the K 12 classroom over the past five years Updates to the second edition include New ways teachers can meet the professional development requirements of the No Child Left Behind Act Entirely new section on helping struggling readers to address the declining literacy rate among today's students Expanded coverage of helpful technology solutions for the classroom Expanded information on teaching English Language Learners Greater coverage of the issues challenges facing elementary teachers More emphasis on how to reach and teach students of poverty Updated study techniques that have proven successful with at risk students Tips on working effectively within a non traditional school year schedule The latest strategies for using graphic organizers More emphasis on setting goals to help students to succeed More information on intervening with students who are capable but choose not to work Updated

information on teachers rights and responsibilities regarding discipline issues Fully revised Resources appendix including the latest educational Web sites and software Effective College and University Teaching William Buskist,2012 Using empirical research this text gives faculty and graduate teaching assistants the tools for understanding why certain teaching practices work and how to adjust their teaching to changing classroom room and online environments The Librarian's Journey Patty Smith Hall,Cynthia Hickey,Marilyn Turk,Kathleen Y'Barbo,2021-10-01 A brave fight for literacy during the Great DepressionFour women set out on horseback to bring the library to remote communities Part of FDR s New Deal was the Works Progress Administration which funded the Pack Horse Library Initiative Ride along with four book loving women who bravely fight for literacy in remote communities during the Great Depression by carrying library books via horseback Will their efforts be rewarded by finding love in the process Love s Turning Page by Cynthia Hickey 1935 Ozark Mountains Grace Billings jumped at the chance to be a traveling librarian but she didn t anticipate the long days of work the intense poverty or the handsome new schoolteacher whose love for the mountain people surpasses even her own For Such a Time by Patty Smith Hall 1936 Pine Mountain Georgia Forced out of her nursing job due to budget cuts Ruth Sims applies for a position with the Pack Horse Library incentive only to discover she must go to the one place she swore never to return The children instantly steal her heart with their thirst for books and she s happy in her post until she meets their teacher Will Munroe the man who broke her heart Book Lady of the Bayou by Marilyn Turk 1936 Mississippi Forced out of her comfort zone Lily Bee Davis travels by horse or boat taking books to remote areas When she meets little Evie and her reclusive father at a dilapidated plantation house she is drawn by their losses and longs to draw them out into life again The Librarian and the Lawman by Kathleen Y Barbo 1936 Kentucky Lottie Trent connects with a backwoods bully s wife by secretly carrying messages for her in exchange for books FBI agent Clayton Turnbow is on the trail of a criminal gang and discovers the packhorse librarian maybe a key member

Decoding **First Day Jitters Lesson Plans**: Revealing the Captivating Potential of Verbal Expression

In an era characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its ability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**First Day Jitters Lesson Plans**," a mesmerizing literary creation penned with a celebrated wordsmith, readers set about an enlightening odyssey, unraveling the intricate significance of language and its enduring affect our lives. In this appraisal, we shall explore the book is central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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