

GUÍA DE PRIMEROS AUXILIOS

Para Controlar el Sangrado



Aplicar presión directa sobre la herida con un paño limpio o con la palma de la mano. Si el sangrado persiste, aplicar presión indirecta elevando la parte afectada por encima del nivel del corazón y aplicar presión directa sobre la herida.

Aplicar un vendaje.

El SANGRADO PARA



Aplicar presión directa sobre la herida con un paño limpio o con la palma de la mano. Si el sangrado persiste, aplicar presión indirecta elevando la parte afectada por encima del nivel del corazón y aplicar presión directa sobre la herida.



Aplicar presión directa sobre la herida con un paño limpio o con la palma de la mano. Si el sangrado persiste, aplicar presión indirecta elevando la parte afectada por encima del nivel del corazón y aplicar presión directa sobre la herida.

Cuidado de Quemaduras y Escaldaduras

¡CÓMO ES LA QUEMADURA?

Una quemadura es el resultado de que una parte del cuerpo se expone a una fuente de calor, como el fuego, vapor, agua hirviendo, aceite caliente, líquidos químicos, electricidad o radiación.



Siempre lo correcto es aplicar agua fresca o fría sobre la quemadura para reducir el dolor y la inflamación.



Si la quemadura es grave, cubrir la zona con un paño limpio y buscar atención médica inmediata.

Las quemaduras graves requieren atención médica inmediata. Si la quemadura es grave, cubrir la zona con un paño limpio y buscar atención médica inmediata.

¿CÓMO ES UNA AMIGDALITIS?

La amigdalitis es una infección de las amígdalas, que son glándulas situadas en la parte posterior de la garganta. Los síntomas incluyen dolor de garganta, fiebre, inflamación de las amígdalas y dificultad para tragar.

Choque

El choque es una condición médica grave que ocurre cuando el cuerpo no puede mantener suficiente flujo sanguíneo a los órganos vitales. Los síntomas incluyen pérdida de conciencia, pulso débil y rápido, y presión arterial baja.

- Pérdida de conciencia
- Pérdida de pulso
- Pérdida de respiración
- Pérdida de reflejos
- Pérdida de tono muscular
- Pérdida de coloración de la piel
- Pérdida de temperatura corporal

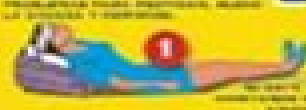
Si se sospecha de un choque, buscar atención médica inmediata.

- Mantener a la persona en posición horizontal.
- Elevar las piernas de la persona.
- Mantener a la persona caliente.
- Mantener a la persona tranquila.
- Mantener a la persona hidratada.
- Mantener a la persona con oxígeno.
- Mantener a la persona con un paño limpio.
- Mantener a la persona con un paño limpio.

Si se sospecha de un choque, buscar atención médica inmediata.



Posiciones



1. Posición de recuperación: colocar a la persona boca arriba con las rodillas flexionadas y los brazos extendidos hacia los lados.



2. Posición de recuperación: colocar a la persona boca arriba con las rodillas flexionadas y los brazos extendidos hacia los lados.



3. Posición de recuperación: colocar a la persona boca arriba con las rodillas flexionadas y los brazos extendidos hacia los lados.

TIPOS DE LESIONES O CONDICIONES

FRASCTURAS Y DISLOCACIONES

ATENCIÓN A UNA ENFERMEDAD REPENTINA

VENENO

ENFERMEDADES RELACIONADAS CON EL FRÍO Y EL CALOR

SEÑALES Y SÍNTOMAS

FRASCTURAS Y DISLOCACIONES

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PRIMEROS AUXILIOS

FRASCTURAS Y DISLOCACIONES

ATENCIÓN A UNA ENFERMEDAD REPENTINA

VENENO

ENFERMEDADES RELACIONADAS CON EL FRÍO Y EL CALOR

Condiciones para el Efecto de Primeros Auxilios

- El primer auxilio es el más importante.
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Los Señales de Primeros Auxilios Son:

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SAFETY



First Aid Guide In Spanish

O García



First Aid Guide In Spanish:

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