

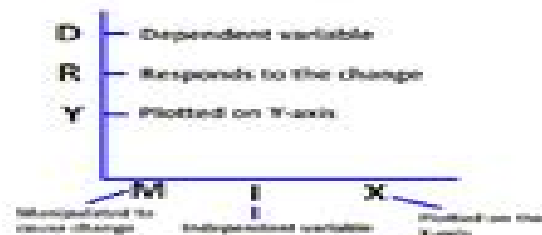
# AP Psychology Study Guide

## History and Approaches (2-4%)

- Psychology is derived from physiology (biology) and philosophy
- EARLY APPROACHES**
  - Structuralism** – used **INTROSPECTION** (act of looking inward to examine mental experience) to determine the underlying **STRUCTURES** of the mind
  - Functionalism** – need to analyze the **PURPOSE** of behavior
- APPROACHES KEY WORDS**
  - Psychoanalytic/dynamic** – unconscious, childhood
  - Behavioral** – learned, reinforced
  - Humanistic** – free will, choice, ideal, actualization
  - Cognitive** – Perceptions, thoughts
  - Evolutionary** – Genes
  - Biological** – Brain, NTs
  - Sociocultural** – society
  - Biopsychosocial** – combo of above
- PEOPLE:**
  - Mary Calkins**: First Fem. Pres. of APA
  - Charles Darwin**: Natural selection & evolution
  - Dorothea Dix**: Reformed mental institutions in U.S.
  - Stanley Hall**: 1<sup>st</sup> pres. of APA 1<sup>st</sup> journal
  - William James**: Father of American Psychology – functionalist
  - William Maudsley**: Father of Modern Psychology – structuralist
  - Margaret Floy Washburn** – 1<sup>st</sup> fem. PhD
  - Christine Ladd Franklin** – 1<sup>st</sup> fem.
- RANDOM TERMS**
  - Basic research** – purpose is to increase knowledge (rats)
  - Applied research** – purpose is to help people
  - Psychologist** – research or counseling – MS or PhD
  - Psychiatrist** – prescribe medications and diagnose – M.D.

## Research Methods (8-10%)

- EXPERIMENT**: Adv: researcher controls variables to establish **cause and effect** Disadv: difficult to generalize



- Independent Variable**: manipulated by the researcher
  - Experimental Group**: received the treatment (part of the IV)
  - Control Group**: placebo, baseline (part of the IV)
  - Placebo Effect**: show behaviors associated with the exp. group when having received placebo
  - Double-Blind**: Exp. where neither the participant or the experimenter are aware of which condition people are assigned to (drug studies)
  - Single-Blind**: only participant blind – used if experimenter can't be blind (gender, age, etc)
- Dependent Variable**: measured variable (is **DEPENDENT** on the independent variable)
- Operational Definition**: clear, precise, typically quantifiable definition of your variables – allows **replication**
- Confound**: error/ flaw in study
- Random Assignment**: assigns participants to either control or experimental group at random – minimizes bias, increase chance of equal representation
- Random Sample**: method for choosing participants – minimizes bias
  - Assignment and sampling can be done via names in a hat, computer generation
- Validity**: accurate results
- Reliability**: same results every time
- NATURALISTIC OBSERVATION**: Adv: real world validity (observe people in their own setting) Disadv: No cause and effect
- CORRELATION**: Adv: identify relationship between two variables Disadv: No cause and effect

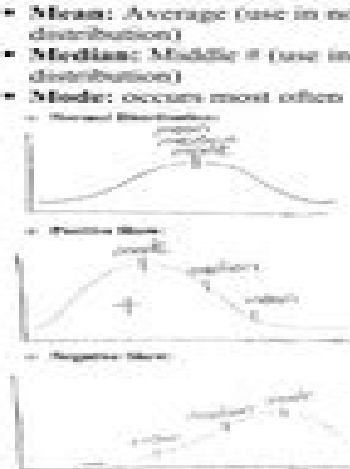
### **CORRELATION DOES NOT EQUAL CAUSATION**

- Positive Correlation** – variables increase & decrease together
- Negative Correlation** – as one variable increases the other decreases



- The stronger the R the stronger the relationship REGARDLESS of the graph slope.**
  - 3<sup>rd</sup> variable problem (lurking variable)** – diff. variable is responsible for relationship (breast implants & suicide)

- Illusory correlation** – belief of correlation that doesn't exist (old man predicts rain from arthritis)
- CASE STUDY**: Adv: Studies **ONE** person (usually) in great detail – lots of info Disadv: No cause and effect
- DESCRIPTIVE STATS**: shape of the data
  - Measures of Central Tendency**:
    - Mean**: Average (use in normal distribution)
    - Median**: Middle # (use in skewed distribution)
    - Mode**: occurs most often



## INFERENTIAL STATISTICS establishes significance (meaningfulness)

- STATISTICAL SIGNIFICANCE** – results not due to chance
- ETHICAL GUIDELINES (APA)**
  - Confidentiality**: names kept secret
  - Informed Consent**: must agree to be part of study
  - Debriefing**: must be told the true purpose of the study (done after for deception)
  - Deception** must be warranted
  - No harm** – mental/physical

## Biological Basis (8-10%)



- NEURON**: Basic cell of the NS
  - Dendrites**: Receive incoming signal
  - Soma**: Cell body (includes nucleus)
  - Axon**: AP travels down this
  - Myelin Sheath**: speeds up signal down axon, protects axon

# Germantown Ap Psychology Study Guide

**G Thomas**



## **Germantown Ap Psychology Study Guide:**

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