

Classification and Epidemiology of MCI

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KEYWORDS

- Classification • Epidemiology • Incidence • Mild cognitive impairment • Prevalence • Risk factors

KEY POINTS

- The prevalence and incidence of mild cognitive impairment (MCI) is high among elderly persons.
- Persons with MCI have a high risk of progression to dementia.
- Several risk factors for MCI are potentially modifiable and amenable to interventions to reduce risk.
- Persons with MCI have a higher mortality than cognitively normal persons.
- Persons with MCI who revert to normal cognition have an increased risk of developing MCI or dementia at a later date.

INTRODUCTION

Mild cognitive impairment (MCI) is the widely used term that describes an intermediate stage from normal cognitive function to dementia. The concept of MCI is highly significant and important to the field of aging and dementia for several reasons. Subjects with MCI have a high rate of progression to dementia over a relatively short period. Even among subjects who revert to normal cognition, the rate of subsequent MCI or dementia is higher than among those who never develop MCI. Research related to MCI provides insights into disease mechanisms in the prodementia stage of disease.

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Conflict of Interest: None.

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