



Fig. 73.02

la izquierda la bloquea con su brazo adelantado, poniéndose tras la  
 una y haciendo con el pie un movimiento circular en sentido con-  
 trario al movimiento de las manecillas del reloj. Esto hace girar hacia  
 adentro del defensor al atacante y permite que aquél disponga contra  
 la espalda del atacante, lo cual hace con una patada lateral (figura  
 73.05). El contrataque también podría haber sido una patada en re-  
 dondo con el pie derecho o dos golpes a los riñones. En esta maniobra,  
 el contratacante tiene que cuidar que el agresor, que ha sido obligado  
 a girar a su derecha, no siga girando y ataque con una patada lateral  
 derecha o un tajo derecho al lado de la cabeza del defensor. Este debe  
 estar muy rápido y seguramente para su contrataque, antes que el  
 atacante original tenga tiempo de girar en redondo para un segundo  
 ataque, lanzar su contrataque y salirse.

Esta serie de fotografías también ilustra algo más. Se notará, en  
 cada caso, que la patada lateral se dirige a la sección media del cuer-  
 po, no a la cabeza. Una patada lateral mandada a la cabeza, como en  
 el caso del ataque original, puede equivocarse muy fácilmente, siendo  
 de ordinario el único movimiento requerido una inclinación lateral o  
 hacia atrás de la cabeza. Una patada lateral elevada está a la vista y  
 por lo tanto, puede jugarse en blanco con facilidad. Es mucho más  
 difícil jugar una con a la sección media; naturalmente, debe ser  
 dirigida a la sección media. Las patadas laterales a la cabeza o por  
 arriba de ella se usan bien en la realidad, pero son muy raras.



Fig. 74.01



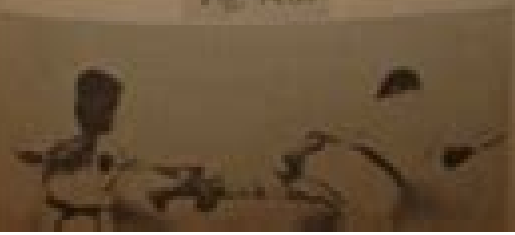
Fig. 74.02



Fig. 74.03



Fig. 74.04



# Karate Coreano El Arte Del Tae Kwon Do

**Léo Pomar**



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