

Answers and Explanations

For Practice Test 2

Section 1

1. D.

The therapist should be positioned at a 45° angle behind the patient, able to guard and catch the patient if necessary but not in the patient's way during mobility. Most loss of balance is to the posterior or side, making this a good guarding position.
(Dusserhaus, page 14)
Safety, Protection & Professional Roles

2. C.

The two terminal lymphatic vessels are the right lymphatic duct and the thoracic duct.
(Thibodeau, page 339)
Cardiac, Vascular, & Pulmonary Systems: Foundational Sciences & Background

3. C.

Aspirin, acetaminophen, and NSAIDs are all non-narcotic drugs that can be used for pain relief. Medications such as codeine, morphine, and hydrocodone are narcotic analgesics and can produce tolerance and addiction.
(Behrens, page 7)
Musculoskeletal System: Foundational Sciences & Background

4. A.

Stress incontinence occurs when there is stress on the pelvic floor musculature, such as in sneezing, coughing, lifting, or exercise.
(Goodman/Pathology, page 722)
Genitourinary System: Differential Diagnosis & Pathology

5. B.

A cohort study identifies subjects who have a risk factor for development of a particular condition and follows them to establish which subjects develop that condition.
(Holewa, page 20)
Research & Evidence-Based Practice

6. A.

The patient has reddening of the skin and does not need surgery. A patient should not toilet herself if her hygiene techniques are inadequate. Bathing regularly (more often than biweekly) is a must for good skin care. This patient should follow a toileting schedule, and nursing staff should apply protective ointment to the impaired skin.
(Brown, page 133)
Integumentary System: Foundational Sciences & Background

7. A.

This particular PNF pattern is called rhythmic stabilization and uses isometric contractions of antagonist to facilitate movement.
(Voss, page 302)
Nervous System: Treatment Interventions

8. C.

Compression wraps are an appropriate treatment intervention for patients with lymphedema.
(Irwin, page 445)
Cardiac, Vascular, & Pulmonary Systems: Treatment Interventions

9. B.

A seat that is too wide can cause difficulty with propulsion, difficulty with transfers, difficulty due to increased overall width, and postural problems.
(Pierson, page 154)
Equipment & Devices

Kaplan Assessment Test 2 Answers

Mark Steyvers



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les rouleaux en mousse aident à la récupération musculaire après l entraînement en relâchant le tissu conjonctif de vos muscles appelé fascia lorsqu ils sont tendus et raides vos muscles